Issue #9 • Autumn 2016 • 66,000 copies delivered free

lovemiddlesbrough

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Feel better for it

Welcome to the autumn edition of lovemiddlesbrough.

This will be my final column before retirement and I want to start by saying what a privilege it has been to be Chief Executive of Middlesbrough Borough Council.

The town has faced some extreme challenges in recent years due to budget cuts to public services and job losses across all sectors but the way in which staff, residents, partner agencies and local businesses have responded has been inspirational.

Hard choices have had to be made but we now have a clear and costed vision for the next ten years which is outlined in this magazine. I firmly believe the council is now well placed to continue to drive forward the regeneration of the town for the future, whilst continuing to provide vital public services and ensuring the most vulnerable in our society are protected.

This magazine makes no apology for highlighting the success of local people and the world class facilities we have on our doorstep and these two factors come together for our main feature article.

Matt Crossen's dedication in fighting back from intensive care to Team GB, made possible through the dedication and skill of staff at James Cook University Hospital, illustrates all that is good about the Teesside spirit.

And it was great to see wheelchair racer Jade Jones also get selected for the Paralympics. In the first edition of lovemiddlesbrough two years ago Jade told us of her determination to get to Rio and she has proved as good as her word.

One of the major successes of recent years has been the campaign by the Middlesbrough Partnership Financial Inclusion Group to ensure local people are claiming the benefits they are entitled to.

Residents from across the spectrum have now benefitted by over £3.2m including working families on low incomes, pensioners, single parents, students and those made redundant. It's important to note this is money from national government that people are entitled to and it provides a welcome financial boost to the area. If you think you might be missing out why not visit your local community hub and speak with an advice worker?

Finally, I'm delighted that the Council has appointed Tony Parkinson as interim Chief Executive for the next 12 months. Tony has worked in local government for more than 25 years, all of it in Middlesbrough, and the last 13 years at Chief Officer level. He knows the town well, the challenges it faces and the strengths of its people and I wish him every success in the future.

Best wishes,

Mike Robinson,
Chief Executive, Middlesbrough Council

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On the cover

Matt Crossen at James Cook University Hospital.
Pictures by Stuart Boulton
stuartboultonphotography.com

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News in brief

Blue plaques are being unveiled in Middlesbrough and Port Clarence as a legacy of the Heritage Lottery Fund-supported Tees Transporter Bridge Visitor Experience Project.

The plaques have been manufactured to mark key heritage locations along a linear route from the Dorman Museum to Port Clarence on the north side of the Transporter Bridge.

The site of Bolckow Vaughan's Ironworks on the banks of the Tees, Lady Bell's Winter Garden (previously located on the site of the Dundas Arcade), Teesside University and Middlesbrough Dock Clock Tower are among the locations featured.

The new plaques - designed by Baldwin Solid Surfaces and cast at the town's historic William Lane Foundry - replace a number of existing badly-worn plaques as well as marking other key historic and cultural locations.

A new Heritage App, free to download, will follow in the near future which will guide visitors around the area using augmented technology and interactive locations.

Tosh Warwick, Middlesbrough Heritage Development Officer said: "In developing the new Tees Transporter Trail blue plaques the HLF-supported project has created an important legacy.

"The blue plaques allow visitors to the Bridge and wider area to discover some of the key events, landmarks and people that have played, and continue to play, an important part in the heritage of the area."

A brand new clothing bank supplying good quality free clothing has opened in Middlesbrough.

Actes, a Middlesbrough-based charity, has secured funding from the Talent Match Middlesbrough's Innovation Fund and Middlesbrough's Financial Inclusion Group to open Trending, a new concept clothing bank aimed at reducing the stigma attached to receiving clothing donations.

The project aims to supply formal, casual clothing and work wear to individuals so that they can be better equipped for employment, education and training. It will also provide casual clothing for those without disposable income.

Actes Chief Executive Sandra Phillips said: "People can bid for the clothes they want without any financial transaction taking place through the Trending Facebook page and then collect their clothing from the boutique inspired Trending shop. We hope that this enables people to accept free clothing donations with dignity as they are receiving the same shopping experience that they might get from any high street or online retailer."

Artist Jody Morgan, a Teesside University student, voluntarily provided her interior design skills to the project. She said: "When I came in it was a blank canvas. I listened to what they were wanting to achieve and what the cause was for and it got me excited that I was being given an opportunity to make a difference to people's lives.

"I really wanted to use my creative talent to create a space that will benefit the community, not just one that will make people feel a lot better about coming to a trendy clothing bank for help."

There are a number of ways to get involved with Trending both as a volunteer and through the donation of good quality clothing. If you know someone who is in need of the service, contact Trending on 01642 232872 or search for 'Trending Middlesbrough' on Facebook to find the virtual shop.

Hundreds of members of the Middlesbrough Sikh community hit the streets for the annual Nagar Kirtan parade and festival.

The parade began at the Sikh Temple in Lorne Street and proceeded to Centre Square where all in attendance were offered a free meal courtesy of the Sikh community.

Nagar Kirtan is a Punjabi term which means Neighbourhood Kirtan and its concept is to bring the message of God to the doorstep of the community.

Jagat Singh, General Secretary of Middlesbrough's Sikh Temple, said: "The support is incredible and it gets stronger each year in the Middlesbrough community. We have been here for over 50 years now so to see new generations coming through the community is fantastic."

CCTV coverage in a key part of Middlesbrough has been boosted as part of a major Lottery project.

New cameras and upgrades to existing systems have been installed in North Ormesby to increase public confidence and help with crime prevention.

The work was made possible thanks to the National Lottery-funded Big Local Project which will see more than £1 million invested in community initiatives over a ten-year period.

In partnership with Middlesbrough Council the project has responded to community concerns by funding the installation of an additional 32 cameras and two 'talking' cameras on the market place.

Portraits of much-loved and well respected former councillor Maelor Williams have been unveiled at his local community hall.

The two paintings of Maelor, who represented Stainton and Thornton on Middlesbrough Council until his death last year, are now proudly on display in Stainton Memorial Hall.

They were produced by Verna Reynolds and Ian Harrison who are members of the local art group which meets in the venue.

A commemorative tea held in the hall brought together 60 residents of Stainton and Thornton to celebrate the life of Maelor, who represented the ward on Middlesbrough Council and was also Parish Council chairman for over 20 years.

On the same day as the unveilings Stainton Wood was also officially renamed Maelor's Wood with new signage put in place.

Middlesbrough music festival Twisterella returns to venues across the town centre on Saturday, October 8, and continues the ongoing partnership with Olgas Rock Festival in Oberhausen, Middlesbrough's twin-town in Germany.

As part of the relationship local garage rockers Avalanche Party (pictured) were due to perform at Olgas Rock in August, and in return Middlesbrough will receive Oberhausen acts to perform alongside Twisterella headliners Frankie & The Heartstrings, Clean Cut Kid and White.

Leading fashion retailer Psyche, on Linthorpe Road, is investing more than £300,000 to expand its premises.

The extension will provide a buyers' office, offices for support staff, a boardroom and enhanced facilities for the growing staff team.

The move comes about due to increased sales, particularly online, with transactions through its website accounting for nearly a quarter of all sales. Psyche has already appointed six new members of staff and plans more recruitment in the near future.

Owner Steve Cochrane said: "The retail world is changing and Psyche is moving with the times with some exciting technology firsts we are working on to ensure that the business stays ahead of the competition."

The second Growing Middlesbrough Local Food Weekend takes place from September 9-11. The event involves restaurants, cafes and food outlets in Middlesbrough serving at least one dish using locally-produced ingredients as part of a campaign to improve access to food and drink that's been produced within a 50-mile radius of the town.

Participant Liz Homan of Bedford Street Coffee House (pictured with owner David Beattie) said: "I think more people would buy local if they knew how much better the quality of the food was and that by doing so they were helping create jobs for local people."

Restaurants and cafes keen to get involved are asked to contact Middlesbrough Environment City on 01642 579820 or email joe.dunne@menvcity.org.uk.

A Middlesbrough media company is building its reputation for being at the heart of the world's biggest sporting events.

X-Cel Broadcast, based at Boho 5, provided images of fans in 10 different countries watching their teams at Euro 2016 - including in Reykjavik, Iceland, whose achievements surprised even themselves.

The live TV pictures were bounced by satellites back to US TV giant ESPN, which shows the fans' emotions on their live Euro 2016 broadcasts.

The company has also successfully renewed the contract to kit out the Malaysia Formula 1 motor racing circuit for the upcoming GT Sepang 12 Hour race.

X-Cel's TV facilities will broadcast the race live around the world on December 10 from the same F1 circuit where Lewis Hamilton will be hoping to taste victory in October's Malaysian Grand Prix.

Dave Roberts, managing director of X-Cel, said: "Hopefully other Teesside firms can also be inspired to push the boat out and go for contracts in distant markets. In our case being 6,500 miles away from the race track meant we had to jump a few hurdles, but if you have the skills, the talent and the determination, you can succeed anywhere."

Walkers can now enjoy a new stretch of coastal path from Middlesbrough to Filey. Part of a major national project, the 68-mile route begins at Newport Bridge and then passes through Redcar, Saltburn, Whitby and Scarborough, providing stunning views of the North York Moors and coastline before reaching Filey. It follows much of the well-known coastal section of Cleveland Way National Trail with improvements to the route.

Natural England is currently establishing a 2,700-mile path around the entire English coastline. When complete in 2020 it will be the longest continuous coastal walking route in the world.

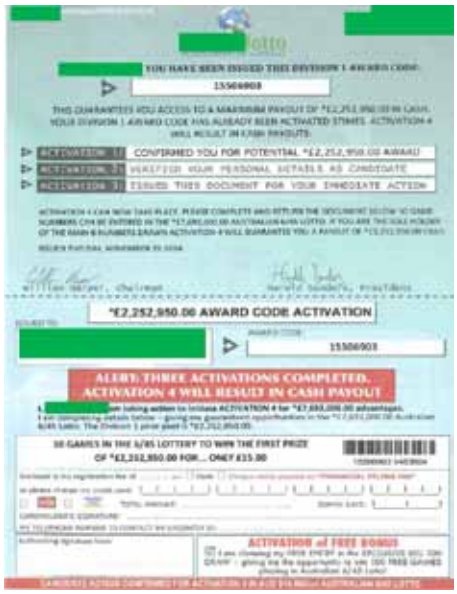
Protect yourself, be scam aware

Middlesbrough Council Trading Standards are urging residents to watch out for themselves, their friends and their family to avoid being scammed.

There are a variety of different types of scams. People can be contacted by telephone, post, over the internet or via social media. Scammers often con people by offering the chance of winning or making money or through false promises. They play on people's fears using words that sound very convincing. Some people don't even realise that they've been scammed until it's too late.

Common scams are:-

- ***Lottery scam*** - where significant winnings are promised.



- ***Inheritance scam*** - a relative has died in a foreign country leaving you money.
- ***African fraud*** - an official needs to move government funds out of a country at war for safekeeping and needs a trusted partner in the UK to hold onto it in their bank until they can retrieve it at a later date, for which you will be given a fee.
- ***A friend or relative needing help*** - scammers who've hacked into an email or phone account send emails to all the person's contacts saying that they've been mugged and are stranded on holiday abroad without any money and need emergency funds.

- ***Bank fraud*** - an official rings up to tell you that you've had money stolen from your card/account. They ask for security information to verify your identity before they will talk to you. A legitimate organisation will not require you to disclose all of this. Unfortunately the only money being stolen is by them from your account using the information you've unwittingly given them.
- ***Door to door conman*** - a caller perports to be an official from a utility company asking you to sign up to a good deal. A genuine representative will have ID and usually contact you in advance.

Most scams are operated from abroad but pretend that they are UK based. They often target the elderly as they think they may be more vulnerable and likely to take part. Scammers go out of their way to build up information and target their potential victims. If you respond to one scam it is then very likely that you will become a target for more and more. Scammers sell their list of "victims" to other scammers.

Mass-marketed scams are costing the UK public at least £5 billion. They can bring distress and anxiety to people's lives, people can lose their money and whole families suffer financial hardship, emotional upset and worry.

Middlesbrough Council Trading Standards wants to stop people being conned by scammers. They advise you never to give information over the phone, keep your anti-virus internet security up to date, to think twice and seek advice before you think of responding to anything. Remember if it sounds too good to be true - it usually is!

citizens advice Middlesbrough

Look at the website citizensadvice.org.uk to get useful advice on how to identify and avoid the scams.

If you are friend or relative of someone who has been scammed, or if you have been targeted by scammers yourself, contact the Citizens Advice Consumer Helpline: Tel 03454 040506 to report it and get further help and advice.

Don't buy it - report it!

Trading Standards are urging Middlesbrough residents to keep their streets safe from crime and stub out illegal tobacco.

With proven links between illicit tobacco and organised crime, officers are warning that the only way to stop inviting crime into local neighbourhoods is to report so called "fag houses" and other sellers.

As well as funding organised crime, illicit sellers are also the main supplier of tobacco to children. When children buy illicit tobacco they are potentially being exposed to other criminal activity aswell as the serious health risks of smoking at an early age.

Smoking is responsible for nearly half the deaths in Middlesbrough. The younger a person starts smoking the greater the risk they have of developing lung cancer, heart disease or a debilitating respiratory disease. Of those who start smoking before they are 15 years old, half will die from a smoking related disease, and half of these deaths will occur in middle age.

We are asking you to help our young people to live healthier safer lives. Report illicit tobacco sellers by using our hotline on 01642 728223.

Terrific response from traders means car buyers can shop with confidence

Tony Slack of Derek Slack Motors - one of the traders signed up to ensure consumer rights.

Operation Pitstop, the town-wide campaign to ensure motor dealers meet their legal responsibilities to customers, has gained 100% support from the industry.

Organised by Trading Standards, the excellent response has ensured that all second hand car traders in Middlesbrough comply with consumer protection legislation.

It means that consumers can now shop for a car in Middlesbrough with more confidence, knowing that the business will deal with them responsibly if anything does go wrong.

Dealers who have worked with Middlesbrough Trading Standards are:

Acklam Car Centre Ltd
Benson Motors Ltd
C & E Motors Ltd
Carchoice Teesside Ltd
Cleveland Car Centre
Derek Slack Motors Ltd
Eric Carter Car Sales Ltd
Haris Motor Sales Ltd
Ibuy-cars.com
Jennings Ford
Lawson Car Sales
Linthorpe Motors
Macmillan Motor Company Ltd
Marton Road Car Sales Ltd
Park Cars
Riverside Car Sales (Leo Car Co. Ltd)
Riverside Van Sales
Roseberry Car Sales
Stoneacre
Supreme Car Centre
Trade Cars Middlesbrough Ltd
The Car Warehouse
Village Cars (UK) Ltd trading as Motorcourt
Village Cars (The Car Care Centre) Ltd

Stoptober
THIS TIME IT'S PERSONAL!

Stoptober - the 28 day challenge which supports the nation's eight million smokers to stop smoking - is back. Stoptober is a perfect time to start your quit attempt.

Those who stop smoking for 28 days and longer will begin to experience financial, physical and health benefits including better sense of taste and smell and a reduced risk of lung cancer and heart disease.

Free, personalised face-to-face advice and support can be obtained from your local Stop Smoking Service.

You are more likely to stay smokefree with stop smoking medicines and face-to-face support.

So search Stoptober or contact your local Stop Smoking Service on 01642 383819.

Public Health England

NHS

Have you still not had your flu jab?

If you're 65 or over or you have an existing health problem, flu can be dangerous.

That's why you're eligible for a free flu jab.

Don't put it off. Get your flu jab straight away.

STAY WELL THIS WINTER

nhs.uk/staywell

Cheril Sowell, Nurse

Local people speak out to support Screening Saves Lives campaign

Steven Fletcher, a director of Middlesbrough's Holga Hairdressing salon, lost his wife to cancer - though treatment meant she enjoyed many years with her young family. Here he urges others to get tested.

"My wife Serena passed away from cervical cancer last year. Serena was first diagnosed with cervical cancer 23 years ago. The cancer was at stage 5 when it was diagnosed - too severe for laser treatment. She had to undergo radiation treatment, which at that time involved staying in a bunker for 24 hours with no visitors. The treatment made her very poorly, but it did work.

She got over that cancer. At the time our children were 3, 5 and 7. It was a very difficult time, but it would have been so much worse if she hadn't made it through the treatment.

Just the other year, Serena developed cancer of the urethra, which we were told was a result of her previous cancer treatment. She passed away last year.

Cervical cancer is a killer. Getting tested is so important. The test itself might be uncomfortable but it is nothing compared to the treatment you may have to go through. My wife had 22 years with her family that she wouldn't have had without treatment.

Steven's wife Serena

And if she had been diagnosed earlier, the treatment would have been much more successful."

If you've missed an appointment for cervical screening, or you're a woman aged between 25 and 64 and haven't received an invitation letter, get in touch with your GP. They can schedule your appointment and give you all the information you need.

Cervical screening saves lives

Don't be the one missing out...

NHS

Middlesbrough moving forward

For more information see your GP or visit **screeningsaveslives.co.uk**

Rachel Kershaw was just 27 when she was told she had cervical cancer. Here the TFM radio manager and North-East blogger talks about the importance of getting tested.

"It's the three words everyone hopes they'll never hear... 'You've got cancer'. At the age of 27 I certainly wasn't expecting to be told that devastating news but there I was, squeezing my mum's hand as the words the nurse was saying sank in.

I had to have a radical hysterectomy and five weeks of radiotherapy and chemotherapy that made me feel horrendous and took away my fertility. The whole ordeal was an emotional roller coaster, not just for me but my loved ones too! Going for my smear on time could have prevented all that!

Thankfully my cancer was caught early and I'm pleased to say that seven years after my diagnosis I am happy and healthy but I was one of the lucky ones. Some of the girls I met through my experience did not win their fight and every day around eight women die from cervical cancer, which is totally preventable!

That's why I'm speaking up, to encourage all women aged 25+ to attend their cervical screening appointment. A smear really is nothing to worry about, it's no more embarrassing or uncomfortable than a bikini wax and it could save your life! I know life is busy, but please don't delay or ignore your invitation to go for a smear, tell your girlfriends, sisters, mums, friends and daughters how important it is too, screening saves lives, no fear, go smear!"

Rachel speaks out about her experiences to encourage women to attend their screening appointments.

She has worked with Jo's Cervical Cancer Trust, the UK's only charity dedicated to those affected by cervical cancer and cervical abnormalities and has appeared in local and national TV and radio campaigns to raise awareness.

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Local discussion events are causing a stir

Football and global warming are fairly standard pub topics but Teesside University's new Spoonful of Knowledge series takes these topics, and many more, to a whole new level.

A Spoonful of Knowledge is a free programme of talks, discussion and debate headed up by leading academics, in The Dickens Inn Coffee Shop on Southfield Road, Middlesbrough.

The popular series kicked off with The Science of Superheroes and looked at what body modifications and super-human power mean for our identity.

The Online Trade in Illicit Medicines gave an insight into the unlawful market for criminal traffickers, and The Survivors of Domestic Violence: The Barriers Men Face was a well-attended event about female-perpetrated domestic violence.

The Marvel Revolution: From Comics to Global Movie Domination was a fascinating look at how the popular company dominated the comic book industry.

Next in the series are:

August 30: Climate change: Just a Load of Hot Air?
Dr Chris Ennis will lead a debate on one of the most discussed topics in recent times.

September 27: Football and the Pub will see Dr Kevin Dixon explore the enduring relationship between football fans and the public house.

October 25: Faking It: Morals, Fashion and Fakes
Dr Joanna Large takes an in depth look at the consumption of counterfeit fashion, crime and victimisation.

November 29: Is Pain all in Your Head?
Dr Cormac Ryan considers whether pain can be thought of as a creation of your mind.

December 13: Militias: Past and Present
Closes the programme with Dr Mathew McCormack delving into the history of amateur soldiers in both Britain and the US.

Paul Britton, postgraduate recruitment co-ordinator at Teesside University, said, "A Spoonful of Knowledge offers a great breadth of interesting topics which encourages lively debates in a relaxed local setting. It's a popular series, so we recommend booking early."

All talks run from 6pm - 8pm. Book your free place at tees.ac.uk/spoonfulofknowledge

Middlesbrough College learners shine at annual awards night

A sportsman, a single mum and a student turned entrepreneur were among the winners at Middlesbrough College's Annual Awards.

At an action-packed awards ceremony - hosted at the college by TFM's Steve and Karen - scores of high achieving students picked up honours.

Among them was 18-year-old Nathan Carne, from Barton, who picked up the Marie Taylor Motivational Student of the Year.

Nathan, who suffers from Cerebral Palsy, was singled out for his commitment to his BTEC Level 1 Sport course.

His tutors commented on Nathan's inspirational attitude towards his studies, and noted his insistence on taking part in every practical sports session, without the aid of his walking frame.

Nathan said: "I've really enjoyed my two years so far at Middlesbrough College. One of the best parts has been the friends I've made, and the great support I've had from my teachers."

At the ceremony 43-year-old Rachel Formby Jackson, a mother of two from Middlesbrough, collected the Higher Education Student of the Year award and the top accolade of the night - the prestigious Principal's Award.

Rachel, who is currently a higher lever teaching assistant, was encouraged to return to education after studying for an HND 20 years ago.

Student Adam Fenby, from Stockton on Tees, and a former Grangefield Academy pupil, also collected the Principal's Award. Adam is now set to study law at Durham University.

Single mum Kayleigh Taylor was recognised for her enthusiasm and commitment to her Retrain Travel and Tourism studies.

The 30-year-old mother of three, from Stockton, is studying a Level 3 Airport and Airline Management qualification and has ambitions to go into work in the airport sector.

She said: "The environment at college is great. I've got really supportive tutors who've encouraged me all the way - and we have a lot of fun.

"I've secured a foundation degree place now, so I can't wait to get started on that."

Speaking to the 500 students, family, friends and employers assembled for the ceremony, Middlesbrough College chief executive and principal Zoe Lewis said that award winners should use their honours in their quest to pursue careers or further education.

She said: "Last year 95% of our learners - that's more than ever before - went on to a positive destination after college. That means they went on to higher education, an apprenticeship or a job. That's because we continually adapt what we do to the needs of employers."

Zoe added: "15,000 students come to Middlesbrough College every year. Out of all those students, the ones honoured tonight are here because they have something special. Be proud.

"Nominees and winners should use these awards to get to wherever it may be they want to get to next."

During the night the audience was

treated to a stunning catwalk display by the college's Hair and Media Makeup students as well as a solo vocal performance by student Amelia Wild.

Pictured above - Business Curriculum Team Leader Molly Shaher with Rachel Formby-Jackson, Higher Education Student of the Year, and Director of Higher Education Paul Stone.

Opposite page main pic - student Adam Fenby is presented with the Principal's Award by Middlesbrough College Chief Executive and Principal Zoe Lewis.

Opposite page inset pic - Kayleigh Taylor presented with her awards by Kelly Doley from award sponsor Hays Travel.

middlesbrough college

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First class investment gives students the wings to land airline jobs

A mock plane fuselage has been installed at Middlesbrough College's Middlehaven campus - giving aviation students new wings to land top airline jobs.

Part of a Boeing 757 aircraft was salvaged by Tees Valley specialists Sycamore Aviation and installed in the college to create a life-like training environment for the Aviation and Travel and Tourism students.

Just like a real aircraft interior the fuselage is complete with seats, drinks and duty-free trolleys and emergency life jackets to simulate life on board an airliner.

The students - many of whom go on to work in cabin crew and ground positions for airlines such as Virgin, Emirates and British Airways - will be put through their paces by college tutors as they simulate and role play life at 40,000 ft.

Carole Bennett, director of Sport, Travel and Public Services at Middlesbrough College, helped launch the fuselage at a special ceremony for students, staff and industry guests.

She said: "The fuselage is a fantastic addition to Middlesbrough College's learning environment. "Most of our students go on to land jobs in the industry - particularly with some of the top airlines - and this facility will make sure their learning is tailored to the requirements of employers."

Carole explained the college's Aviation student base has grown from 12, four years ago, to more than 50 today. The popularity of such courses has been buoyed by demand for trained staff from airlines and ground handling operators.

Earlier this year Middlesbrough College joined forces with the world's largest provider of ground and cargo handling services, Swissport, to create the Swissport Academy.

The Academy - the only one of its type in the Tees Valley - gives students a taste of different roles from baggage handling and check-in services to aircraft de-icing and aircraft servicing - in a live setting at Durham Tees Valley Airport.

Shaun Woods, airport manager at Durham Tees Valley Airport, was on hand to cut the ribbon on the new fuselage environment. He said:

"Durham Tees Valley Airport has a great, long standing relationship with Middlesbrough College and we're constantly impressed by the level of candidates that it turns out.

"Together with the Swissport Academy, this facility is another important tool which will give young people interested in aviation careers the right experience and insight across a broad range of potential career paths."

growing middlesbrough
local food weekend

Celebrating locally sourced food and drink

9th -11th September 2016

Did you know..?

If every adult in Middlesbrough spent just £5 each week with a local, independent shop or service, it would be worth almost £30m to the town's economy! Just imagine how many local jobs and opportunities that could create!

The Growing Middlesbrough initiative is calling on residents to make every local penny count. And that's why several 'Local Food Weekends' are being held including September 9-11. Diners will have the opportunity to sample delicious local food at participating independent outlets, supporting the town's growers and smaller scale food and drink producers and boosting Middlesbrough's economy.

So what are you waiting for? Book a table and 'Ask for local!'

Visit www.growingmiddlesbrough.org.uk

for participating venues and look out for **local food** on the menu

MIDDLESBROUGH Environment City
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ONE PLANET MIDDLESBROUGH creating sustainable communities
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LOTTERY FUNDED

MFC Foundation project kicks antisocial behaviour into touch

Cleveland Police have praised Middlesbrough Football Club Foundation's contribution to reduced antisocial behaviour in some of the most deprived areas of Teesside.

MFC Foundation, Boro's official charitable arm, was established by Chairman Steve Gibson just under 20 years ago, and engages with more than 35,000 people each year.

Targeting more than 1,000 of those people, specifically those aged eight to 19, the Foundation's Premier League Kicks project delivers sport sessions such as dodgeball, table tennis and football, and a variety of music, arts and social workshops. The sessions take place every weekday evening, at 11 Teesside venues - including some of the 1% of most deprived wards in the UK.

Cleveland Police have recognised the positive impact of the diversionary and developmental opportunities Premier League Kicks provides for young people.

David Sutherland, Chief Inspector for the Middlesbrough Integrated Neighbourhood Team, said: "In the areas of Newport, Park End and Pallister Park in particular we are seeing notable reductions in the number of antisocial behaviour reports of between 3% - 22%. This in itself is really positive.

"But I also see the benefits that Kicks sessions provide in terms of providing opportunities for Police Officers and PCSOs to engage with young people in a more positive and less formal environment. This is helping to break down barriers and improve understanding and mutual trust between the Police and young people.

"Hopefully by continuing to build on the positive working relationship we have developed so far we can deliver some excellent opportunities for young people whilst making a difference to the quality of life for people living in Middlesbrough."

Marcus Nicholas, a 17-year-old participant at Premier League Kicks, said: "I've been coming to Kicks for about five years. I have more social skills and talk to people more. We play football, table tennis, and dodgeball, and it's just fun to be here. It keeps me off the streets and from causing mischief."

The Premier League Kicks project, which exists thanks to combined funding support from the Premier League, Tees Valley Community Foundation, Trinity Youth and Children's Project, and Cleveland Police and Crime Commissioner Barry Coppinger, celebrated its tenth birthday at a special ceremony at the Riverside Stadium in June.

Young participants from the project were joined at the ceremony by their family and friends, as well as Kicks coaches, ambassadors, members of the local police force, and staff and volunteers from local community centres.

Plus, Boro 'keeper Dimi Konstantopoulos made a special guest appearance at the event, which featured demonstrations and videos of Kicks activities and a Q & A session with the young people.

Premier League Kicks, which started life as a small pilot between the Premier League and the Metropolitan Police a decade ago, is now in action at 56 football club community organisations throughout the UK, and reaches out to more than 50,000 young people each year.

Kicks was first introduced to Teesside by MFC Foundation in 2006, at a Pallister Park launch featuring an appearance from Stewart Downing.

To find out more about the work of MFC Foundation visit: mfcfoundation.co.uk

Pokemon Go

Families are being invited to explore Middlesbrough's cultural and historical highlights - with a modern twist.

The explosion of Pokemon Go playing since the launch of the game, which is played on mobile phone handsets, has caught the imagination of people across the world. And luckily for people in Middlesbrough some of the best places for capturing Pokemon are the town's favourite attractions.

Hotspots include mima, Middlesbrough Town Hall and Centre Square, Dorman Museum, Linthorpe Cemetery, Transporter Bridge, Albert Park and the Captain Cook Birthplace Museum in Stewart Park.

This means all the family can get involved in the hunt for Pokemon while also enjoying Middlesbrough's cultural assets or learning about its history.

The game could also be combined with a fun heritage trail around the town as a number of new blue plaques as a legacy of the Heritage Lottery Fund-supported Tees Transporter Bridge Visitor Experience Project are in the process of being unveiled.

The site of Bolckow Vaughan's Ironworks on the banks of the Tees, Lady Bell's Winter Garden (previously located on the site of the Dundas Arcade), Teesside University and Middlesbrough Dock Clock Tower are among the locations featured.

A new Heritage App, free to download, will follow in the near future which will guide visitors around the area using augmented technology and interactive locations.

Meanwhile, anyone playing Pokemon Go around Middlesbrough is also asked to be aware of a number of things.

Firstly the game is recommended by health professionals as being good for people's health - both physically as it requires the player to be on the move but also for the mind both as a result of the exercise and its motivational qualities.

However, Middlesbrough Council Road Safety Team is urging road users to be extra aware of their own safety if they are playing Pokémon Go. The major concern is that the player walks, cycles, or gets on/off a bus while at the same time using and watching their mobile device - with a reduced awareness for road safety.

Sue Martin, a Middlesbrough Pokemon Go player wrote online:

"I know a lot of people think Pokemon Go is a waste of time but I've decided to give it a go.

"I've found it really interesting, in a town like Middlesbrough there are so many local places of interest popping up. There are dozens of young people and kids in Linthorpe Cemetery now as there are loads of Pokemon and items in there, kids are taking time to read the information boards next to the gravestones and learning the history of the town's tradesmen.

"It's a great learning experience, but I still haven't found Pikachu."

Festival celebrates books

This year's Northern Children's Book Festival runs from Saturday November 5 and culminates with a Gala Day on November 19 at locations including Middlesbrough Central Library, Middlesbrough Institute of Modern Art and Holiday Inn Express on Centre Square.

Confirmed authors include festival patrons The Two Steves and Vivian French, one of Britain's most popular writers, whose books are borrowed from libraries over half a million times each year.

Popular authors taking part include multi-award winner Barry Hutchinson. As well as his books on scary monsters, terrifying beasts and brave heroes to fight them, Barry is a regular contributor to The Beano, Angry Birds comic and Adventure Time magazine, and wrote 36 episodes of the CITV comedy series, Bottom Knocker Street.

Other authors include Cathy Cassidy, Guy Bass and poet Paul Cookson plus successful illustrators Holly Sterling (pictured) and Faye Hanson.

In addition to dozens of free bookable author/illustrator sessions children can enjoy digital storytelling, craft activities and the mima Art Trolley as well as a pop-up book shop run by Blackwell's. There will be activities aimed at all ages from pre-school children to teenagers.

The Gala Day will mark the end of the two-week Northern Children's Book Festival, which sees libraries across the region host interactive author and illustrator events in schools and libraries.

Ruth Cull, Library Development Officer for Middlesbrough Council said:

"We're thrilled to be hosting Gala Day in Middlesbrough and would encourage all families to come along to meet the fabulous authors, poets and illustrators. It's going to be a fun filled day that'll really inspire children to get into reading."

The Gala Day will also mark the launch of a literacy campaign to make Middlesbrough a Reading Town, raising literacy and boosting attainment. A host of activities are planned including the unveiling of some very special book benches in schools across the town.

You can find out more about the festival at northernchildrensbookfestival.org.uk

Look out for more library events this autumn

The Trouble with Compassion

Monday September 12
11am - 12pm
Acklam Community Hub Library

The world would be a better place if people could just show more compassion but sometimes it's hard to find time to be kind to yourself, let alone anyone else. Join poet Kirsten Luckins for a morning exploring the nature of kindness.

Free but places must be booked on 01642 817810

From Artefact to Fiction

Tuesday September 27
2pm - 3.30pm • tickets £2
Central Library

William Ryan's novel 'The Constant Soldier' is inspired by photographs taken between June 1944 and January 1945 belonging to Karl Hoecker, adjutant to the commander of Auschwitz. Join William as he shows some of the photographs and explains how he used them to create a work of fiction that explores the small steps ordinary people took in Nazi Germany that led to great evil.

Book a place on 01642 729002

History Wardrobe presents 'Jolly Hockeysticks!'

Monday October 17
7pm - 9pm • Tickets £7
Central Library

Join the History Wardrobe for a simply smashing show about school days and school stories...

What did you wear to school? What did you learn? Who taught you?

Discover the often-untold tales of pioneers in education for girls, and enjoy school uniform and gym kit galore.

Book a place on 01642 729002

Wi-fi service goes live in venues across town

Visitors to many of Middlesbrough's most famous landmarks and community venues can now enjoy access to free wi-fi.

Middlesbrough Council has introduced the service at locations across the town including the Transporter Bridge, Central Library, Dorman and Captain Cook Birthplace Museums, Middlesbrough House, Middlesbrough Town Hall, Myplace and all Community Hubs.

The Council secured funding from the Arts Council to implement Wi-Fi in its libraries.

Members of the public wanting to access the free Wi-Fi can do so by following instructions provided on posters in the venues or by visiting middlesbrough.gov.uk/wifi

This means that as well as general internet browsing, residents can also access council services via their MyMiddlesbrough account and report issues, pay bills or find information.

David Harrington, pictured above, Middlesbrough Council's digital technology and inclusion officer for Community Hubs, said:

"We are pleased to be able to offer this service to visitors to many of our most popular attractions and community venues, and urge everyone to take advantage of this newly available free Wi-Fi."

New website coming soon

Meanwhile Middlesbrough Council's website - middlesbrough.gov.uk - is being completely revamped, allowing it to better serve customers' needs. Feedback from residents and data on the most important tasks users want to carry out have been used to create a website which is simple and user friendly.

It will continue to offer 24/7 access to report issues, and make payments or applications, but will have a cleaner, more modern design and an improved search function so customers can find what they're looking for more quickly and easily.

Residents have provided valuable feedback on all aspects of the site and its functions during development. The new customer focused design will also cater to the changing needs of customers and be responsive to the type of device being used, ensuring the site looks the same and keeps all its functions whether it's accessed on a mobile phone, tablet or PC.

For more information visit middlesbrough.gov.uk

AGEING BETTER MIDDLESBROUGH

BECOME A PEER FRIEND

LOTTERY FUNDED

USE YOUR INTERESTS, SKILLS AND EXPERIENCES TO CONNECT WITH OLDER PEOPLE WHO ARE LONELY OR ISOLATED

If you would like to become a Peer Friend or find out more, we would love to hear from you.

Give us a call on:

Paula: 07595 453074, Paula.taylor@actes.co.uk
Michael: 07595 453067, Michael.brown@actes.co.uk

"Volunteering has given me a purpose."

"I saw an advert in the Love Middlesbrough magazine and felt I had the time, skills and experience to help."

Membership is free. Join us to find out what is happening in your community. Call 01642 257034, email info@ageingbettermiddlesbrough.org.uk or visit our website to join us.

Ageing Better Middlesbrough is a partnership of older people and local organisations working together to inspire people over 50 to lead active, healthy and happy lives.

www.ageingbettermiddlesbrough.org.uk www.facebook.com/ageingbettermiddlesbrough www.twitter.com/abmiddlesbrough

A vision for Middlesbrough

Fairer, safer and stronger - that's the Vision for Middlesbrough over the next ten years. Key priorities have been identified to help the town grow as the city heart of the Tees Valley.

The Vision for Middlesbrough 2025 sets out major goals for the coming years to further establish the town as a place to live, work, do business and spend leisure time.

Partnerships with other authorities, education providers, job centres, and local businesses will be further strengthened to help people find quality jobs, while regeneration will be driven forward by inward investment and partnerships with private sector investors.

Middlehaven - one of the region's flagship regeneration sites - will be progressed to restore the area as the centre of commerce in the Tees Valley and encourage innovative architecture, unique leisure opportunities and quality commercial spaces.

Middlesbrough's historic built environment will be secured, including major restoration of the Town Hall and preservation of historic buildings across the town.

Local communities, services and businesses will be encouraged to adopt practices that promote a sustainable environment in line with the principles of One Planet Living, and infrastructure improvements including a new Tees crossing will help to transform connectivity within the Tees Valley and beyond.

Tackling anti-social behaviour will remain a priority for the Council, Cleveland Police and community groups, while the town's Dementia Friendly Community status will ensure communities, services and businesses better understand dementia and support those living with it.

The priorities outlined in the Vision for Middlesbrough 2025 are underpinned by the Council's Strategic Plan which sets out the authority's budget priorities for the next four years, with the focus on maintaining services and attracting investment.

Central to the plan is a £100 million Investment Strategy - £64m of which is directly financed by the Council - designed to develop the town's economic base, driving financial self-sufficiency and transforming how the Council delivers services.

The plan is in response to the first ever four-year Local Government Finance Settlement, which gives the authority greater certainty over its finances in the short to medium term, and strengthens its ability to plan both for efficiencies and for investment.

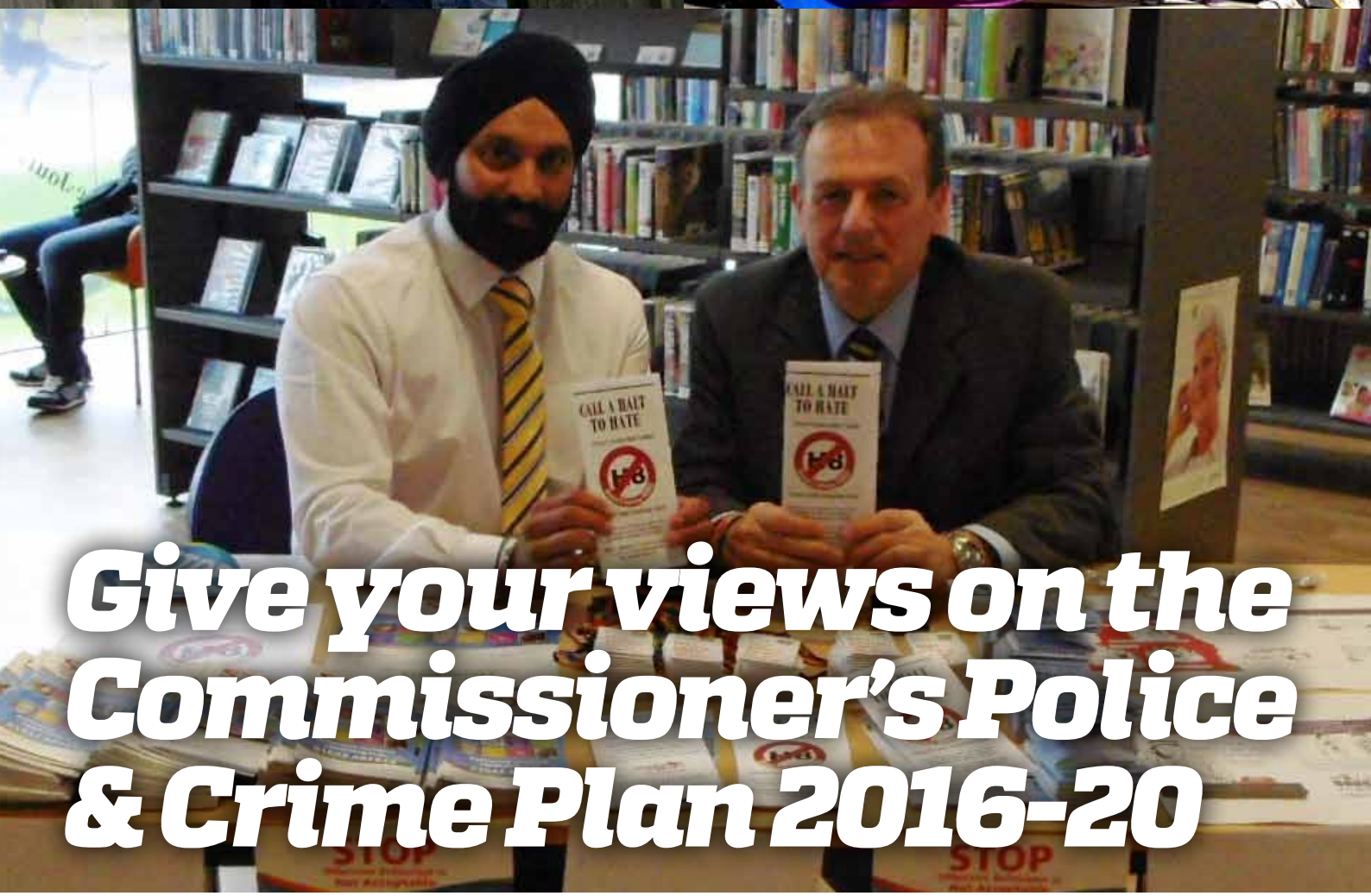
Middlesbrough Council Interim Chief Executive Tony Parkinson (pictured) said: "The Vision for Middlesbrough 2025 sets out our aspirations for a fairer, safer, stronger Middlesbrough as the city heart of the Tees Valley.

"The focus for the coming years is firmly on securing inward investment, attracting new business and driving prosperity to ensure we are financially self-sufficient

"In tandem with those objectives we will continue to support our communities, ensuring our young people have the best possible start in life.

"We have achieved a great deal in recent years and Middlesbrough can now look forward to the future with considerable confidence."

To view the full document Vision for Middlesbrough 2025 - Fairer, Safer, Stronger visit middlesbrough.gov.uk/vision



Give your views on the Commissioner's Police & Crime Plan 2016-20

Cleveland Police and Crime Commissioner Barry Coppinger is seeking views from members of the public on their priorities for policing over the next four years.

PCCs are required by law to produce a Police and Crime Plan and this next one covers the period from 2016 - 2020 and features five key objectives:

- Investing in our police
- A better deal for victims
- Tackling reoffending
- Working together to make Cleveland safer
- Securing the future of our communities

The draft has been drawn up following feedback the Commissioner has received at over 360 community meetings and from consultation with key agencies and partner organisations.

Now members of the public have a chance to view the plan and comment upon it.

POLICE AND CRIME COMMISSIONER FOR CLEVELAND

You can view and make comment on the draft Police and Crime Plan at:

cleveland.pcc.police.uk/2016plan

For more information please contact pcc@cleveland.pnn.police.uk

Tackling Youth Unemployment

Young people in Middlesbrough are taking on life changing work and training opportunities thanks to support from a newly-launched employment initiative.

New Directions is working directly with businesses and young people aged 15-29 to source jobs, traineeships, apprenticeships and work placements.

The project is a unique partnership between Thirteen Group, Coast & Country Housing, North Star Housing, Actes and New College Durham to form a Youth Employment Initiative (YEI). It is funded by the European Social Fund and match funding.

The team provides specially tailored support to suit individual needs, including CV and interview tips, mentoring to plan a way into work and help to develop the skills that businesses need.

Bespoke recruitment support is also on offer for businesses to develop new work and apprenticeship opportunities that will fill gaps in specific skills and boost the local economy.

New Directions offers advice to young people and businesses

Jamie Wootton, 23, is just one of the clients who has successfully secured his dream job and turned his life around thanks to support from New Directions.

Since being referred to the team in the spring, Jamie is now working full-time as an activity leader in a sports centre, as well as studying for a qualification in activity leadership.

Jamie said: "Before speaking to the team at New Directions, I was out of work and sofa surfing just to try and get by. My passion is sports and recreational work, but at the time I was open to any stable job.

"My caseworker at New Directions was great and so understanding of my choices and my interests. She showed me ways to develop my CV and gave me really helpful interview tips.

"Thanks to her support, things are really starting to look up for me. I'm working full-time and have also moved into a home that suits my needs. There's no doubt I'd recommend New Directions to anyone else in a similar situation."

New Directions aims to engage with 1,800 young people by 2018, successfully supporting 45% into employment, education or training.

To find out more, email New.Directions@thirteengroup.co.uk or call 01642 947840.

Keeping you Gas Safe

The Thirteen Group makes sure that gas appliances such as boilers and gas fires in our customers' homes are checked and serviced every year. To do this we need your help to make sure we can keep you safe.

Our fully qualified and registered gas engineers visit our customers' homes once a year to check that appliances are operating safely. If you are an existing customer, please make sure that someone is home to let our engineer in on the date sent out to you. If the appointment isn't convenient, please call us using the number in your letter to arrange another appointment.

The checks are free for Thirteen customers and are carried out to keep customers safe. Allowing us to check your gas appliances is a legal requirement and a vital part of your tenancy agreement with Thirteen. If we can't access your home to service your appliances, we can take legal action to enter your property and recover the costs from you.

If you think your home needs a gas safety inspection or for more details, please call us on 0300 111 1000.

Repair responsibilities

Thirteen is responsible for a range of repairs to make sure our customers' homes are maintained to a high quality standard.

If you rent from us, you are also responsible for making sure that your home is kept in good repair.

For a full list of repairs that customers are responsible for, you can visit the 'home repair responsibilities' page of your landlord's website.

When you report a repair, we put them into categories depending on how urgent it is:

- Emergency repairs such as leaks from water pipes or tanks, or insecure doors and windows will be completed within 24 hours
- Urgent repairs such as a leaking roof or partial loss of electricity or water supplies will be completed within three working days
- Routine repairs such as minor plumbing, joinery or electrical repairs will be completed within 28 working days

SEASON CARDS ARE ON GENERAL SALE

"in 86 from we nearly died... Ayresome Park to the Riverside Europe twice and we won the Cup ...the mighty Boro we're going UP!"

Premier League

The new season opened with a visit from Stoke City, and Tottenham Hotspur, Chelsea, and Liverpool are all on Teesside before Christmas!

Over 22,000 fans have already signed up and buying a Season Card is the only way to secure your seat for all our home Premier League fixtures.

Buy online at **mfc.co.uk**
or call **0844 499 1234**

(Calls to this number will cost seven pence per-minute plus your provider's access charge)

Flying the flag for hope

From intensive care to fatherhood and Team GB - Matt hopes his story will inspire others.

When Matt Crossen steps off the plane at Rio he'll be flying the flag for Team GB and also for the skill and dedication of the team at Middlesbrough's James Cook University Hospital.

Just three years ago Matt lay stricken on a hospital bed after a stroke, caused by a blood clot to the brain, paralysed the entire left side of his body and left him unable to walk, talk or see properly.

In a remarkable comeback, Teessider Matt, 26, who honed his soccer skills in the Teesside Junior Football Alliance and then the Northern League, is now enjoying fatherhood and has been selected for the GB paralympic football team.

Now the Asda delivery driver hopes his story can inspire others to make the most of life and to promote disability sport and the importance of a healthy lifestyle and positive outlook.

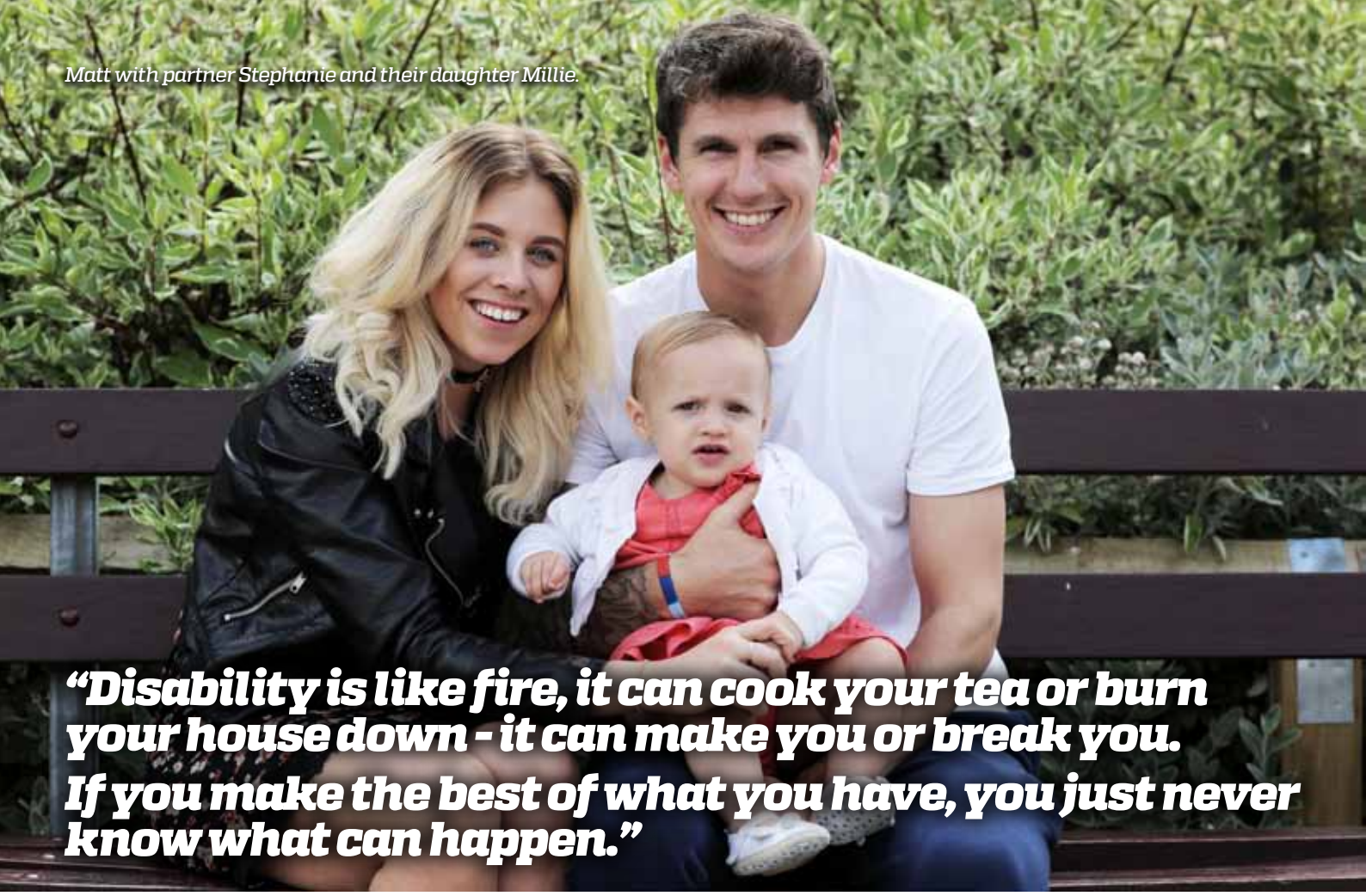
"Disability is like fire, it can cook your tea or burn your house down - it can make you or break you. If you make the best of what you have, you just never know what can happen," said Matt.

"I'm the living proof of that, disability has given me the opportunity to play for my country, something I could only previously have dreamed of.

"It has also given me the opportunity to meet some fantastic people, real inspirations who have overcome far more than me."

Superfit Matt was working at Stockton Leisure Centre, advising youngsters on lifestyle choices, and was sitting at a desk when he suddenly felt a tingle above his left ear.

"I'll never forget it. It was as if my whole left side just suddenly slumped,



Matt with partner Stephanie and their daughter Millie.

"Disability is like fire, it can cook your tea or burn your house down - it can make you or break you. If you make the best of what you have, you just never know what can happen."

I couldn't feel my leg or arm. I was trying to speak to my friend and started slavering and my face felt like it had dropped. What scared me most was I couldn't feel my left side, it had just shut down, my eyesight started to go, I would see something for a few seconds then it would all go blurry and I couldn't stand up."

Matt realised he was suffering a major stroke.

"A week earlier I had seen the advert on television and as soon as it happened I thought of that straight away, I was trying to tell my mate what was happening but couldn't speak properly."

Staff dialled 999 and paramedics were on the scene in minutes and Matt was rushed to James Cook University Hospital.

Strokes like the one Matt suffered are caused by a blood clot in the artery preventing blood – and oxygen – getting to the brain.

Standard stroke treatment involves a technique known as thrombolysis which effectively dissolves the blood clot allowing the blood flow to the brain to resume.

The longer the blockage remains, the more permanent damage can be caused. With thrombolysis failing to break down Matt's blood clot and time rapidly running out, surgeons offered him the option of undergoing a pioneering procedure.

With family gathered round the bedside, Matt urged his mum to sign the consent form and the surgeons and nursing staff began the thrombectomy procedure which had only just received medical clearance for use by the NHS. It was only the second time the team had ever carried out the procedure.

In simple terms a probe was inserted in a main artery in Matt's groin and directed up into the brain to find the clot which was then removed by minute surgical tools operated by a surgeon.

The procedure was a success. Matt's life was saved but he had suffered brain injury resulting in cerebral palsy - a neurological condition which causes physical impairment involving limitation or loss of function and mobility. He remained severely paralysed with no guarantees as to how much movement he would regain.

A keen footballer, playing at that time for Marske United in the first division of the Northern League, the lowest point for Matt came when he was told he might never play again.

"All sorts of tests were being done on my heart and blood and at one point a doctor told me that he didn't think I'd be able to play football again. It was the only point that I felt I might stress out. I rang my dad and told him and he just told me to wait and see how things worked out.

"Fortunately it was just a few hours later when they came back with the results of loads of tests and a different doctor told me I was free to try whatever I wanted. It was like an enormous weight lifted off my shoulders and I was determined to get back playing."

What caused the clot to develop in the first place remains a mystery but Matt has a theory.

"I was playing football a couple of weeks earlier. I fell and took a blow to the head from the heel of someone running full pelt - it split my nose and I'm sure that set things off.

"Next game I felt drowsy, the lights were affecting me, I felt shattered and I asked the manager to take me off. The experts tell me they cannot pinpoint what caused the clot but to me it is too much of a co-incidence."

After two days in intensive care and a further week in hospital, Matt was able to return home where, with the help of friends and family and the rehabilitation team at James Cook, he began the long process to learn how to walk, talk and eat again, along with simple tasks like brushing teeth and writing.

"I owe everything to the fantastic medical team at James Cook. When I went there I was paralysed, now I have a wonderful daughter and the chance to play for my country."

He set himself a challenging schedule, determined to regain his fitness and as much of his body movement as possible. This included returning to Marske United to join in pre-season training in 2014 and regular sessions in the gym and with a conditioning coach at Teesside University. As part of his rehabilitation he was loaned out to other clubs, playing for Stokesley and Thornaby and in 2015 Team GB selectors came calling.

"I had a missed call from London and the message was from Jeff Davis of the FA. I did wonder whether it was a wind-up but it was genuine," said Matt who was invited down to St George's Park, Staffordshire - the England coaching headquarters.

There then followed a serious of evaluations where Matt's disability was assessed. He was picked to play for England in the recent World Championships and then for Team GB's Paralympic football team which has qualified for the eight team tournament that begins in Rio on September 8.

He's now a regular at training camps at St George's Park where he brushes shoulders with the likes of Wayne Rooney and the England senior and u21 squads.

Matt smiles as he remembers four years ago watching the Paralympic football at the London Olympics on television.

"I remember thinking, wow, they have managed to work their way in. I was thinking, there's nothing wrong with these lads here, just the odd one with an arm out. I thought 7-a-side would be easy.

"Now I know different. Before you can play in paralympic tournaments you are assessed and classified. There are some who have tried to con the assessors and sneak into their country's team but you get found out.

"The chief assessor is from Spain, they basically pull you to bits on a bed, check that what you are saying is accurate that you have the restricted mobility you claim. They then observe you with a ball.

"The first time I played I was shattered. It's nearly a full size pitch and you have to be so fit, I'm probably fitter now than I was before the stroke and that's due to the intensive training you need to do to compete at this level."

Disabled athletes are classified in one of eight categories, depending on the severity of their impairments. Category five is for those with impaired use of all four limbs. Matt falls into category 7 - impaired use of one side of the body due to cerebral palsy.

"I would say I am back to about 70% of where I was before the stroke. The doctors say I may never improve on that but I'll take that compared to where I was.

"I appreciate everything so much more now, especially good health, it has opened my eyes. It was a freak occurrence, extremely rare but it took me down a peg or two, made me realise no-one is untouchable.

"I owe everything to the fantastic

Matt honed his soccer skills in the Teesside Junior Football Alliance and the Northern League.

medical team at James Cook. When I went there I was paralysed, now I have a wonderful daughter and the chance to play for my country. My message to everyone is to never give up hope.

"I enjoy games a lot more, I look forward to them like a kid looking forward to Christmas. I do believe my fitness before the stroke has helped me to recover as much as I have. I hope my story can inspire others to lead a healthy lifestyle whether they are disabled or not."

Though you wouldn't know it from the interview, Matt insists he still needs to work on his speech and there is the slightest hint of a limp in his walk. In football terms he used to be a two footed player, now his right is dominant.

"Skills still come instinctively on my right hand side now but on the left I have to think about it more and when I'm playing my left arm naturally comes across my chest rather than by my side which would be the normal running position."

His game has been helped by local company Pass who have designed football boots specially adapted to Matt's condition with enhanced ankle support and no laces, making them more comfortable for Matt to wear when he plays football.

And the rehabilitation work has paid off in other ways. He met his partner Stephanie, 22, at the gym and a year ago they celebrated the birth of their first child, Millie.

"Millie's brilliant, a real little explorer crawling everywhere. She'll be walking soon and that really will keep me on my toes!" said Matt.

Matt believes the support of his family and friends has also been vital in helping him to overcome the stroke and he has also been delighted at the reaction of the public.

"I think the London Paralympics and the Invictus Games have helped change perceptions of disabled people and hopefully I can also help to break down any barriers.

"I have had so many good luck messages. The public don't seem bothered I am disabled, they see me as representing the country and stop to have a chat, take a photo or even ask for an autograph."

A big Boro fan, his positive outlook on life shines through in his prediction for their return to the Premier League.

"I'm hoping we can do a Leicester."

Watch Matt and Team GB in action

The Paralympics are being shown in the UK on Channel 4. Matches are also likely to be available through a Paralympic youtube channel. All games are being played at the Deodoro Stadium, a temporary stadium built for the Olympics and Paralympics.

The Paralympic 7-a-side football features two groups of four teams with the two top placed teams going through to the semi-finals and then final. Team GB's Group stage fixtures are:

Thurs Sep 8, 2pm
Brazil v Great Britain

Sat Sep 10, 2pm
Great Britain v Ukraine

Mon Sep 12, 8.15pm
Ireland v Great Britain

Follow Matt on Twitter@Matts90

Double Olympic delight for Jade

Wheelchair racer Jade Jones has also booked her place on the Team GB flight to the Rio paralympics thanks to a stunning performance at the National Championships where she won titles at five different distances.

Jade was the cover star in the first ever edition of lovemiddlesbrough when she told of her pride at reaching a final at London 2012 and her determination to make it to Rio. Since then she has won medals at Commonwealth Games and European Championships.

The gruelling miles spent training on Cargo Fleet Lane, track and gym have clearly paid off for Middlesbrough born-and-raised Jade who first took up racing at the age of 11, after her potential was spotted by Dame Tanni Grey-Thompson.

Now 20, she is trained by Dame Tanni's husband, Ian Thompson and studies law at Teesside as a member of the University's elite athlete scheme.

This provides access to state-of-the-art equipment and expertise to athletes at international level or with exceptional international potential.

Athletes can access academic and sports science support such as physiological and biomechanical assessment, monitoring of training loads, strength and conditioning, physiotherapy and sports psychology support.

Two years ago we told our readers about Jade's determination to reach Rio.

Jade has also used the University's specialist environment chamber, which recreates exact climate conditions and allows her to race in the same sweltering heat she can expect to face in Rio.

Matthew Wright, sports development officer for elite sport at Teesside University, said: 'We are absolutely thrilled to learn that Jade has been selected to join the Great Britain Paralympic Squad.

"It is testament to her extreme hard work and dedication and we are sure she will be a credit to her country in Brazil.

"We are very proud to have been able to offer her support and encouragement as she prepared for the Games."

You can read Jade's story and all previous editions of lovemiddlesbrough magazine at middlesbrough.gov.uk/magazine

One for the future

Middlesbrough Amateur Swimming Club has a proud record of producing top British swimmers - now it's doing the same for Switzerland!

Josh outside Middlesbrough's Neptune Centre

Josh Grob joined the club two years ago when his family moved to Middlesbrough from South Africa after dad Ralph, a chemical engineer, got a job on Teesside. Dad was born in Switzerland and mum Lesley is English.

Josh, 19, was born with cerebral palsy but that hasn't stopped him living life to the full. He's represented MASC in competitions and earlier this year he was chosen for the Swiss team at the European Paralympic Swimming Championships.

Switzerland aren't sending a Paralympic swimming team to Rio but Josh hopes to be selected for the World Paralympic Swimming Championships in Mexico next year and the 2020 Tokyo Paralympics and is training nine times a week in the pool and gym in preparation.

Josh is currently studying IT at college and hopes to go to University, he is also a motivational speaker.

"I love to race and I will not allow my disability to define who I am or to hold me back," he says.

"When I was born I wasn't expected to be able to walk - now I can swim 50m in under 30 seconds."

He may have travelled half way round the world to get here, but Josh is certainly acclimatising well to Middlesbrough.

"MASC is a terrific club, the coaches have really helped me and the competition is great. We have season tickets for The Riverside and it's exciting that Middlesbrough are back in the Premier League. I have made a lot of friends and the last night out we had they took me to Manjaros for a Parmo - it was delicious."

Follow Josh on Twitter - @jhgswim

Competition proves a winner!

Our competition in the last edition of lovemiddlesbrough to win four VIP passes for Lightwater Valley Theme Park proved extremely popular - attracting the highest number of entries we have had for a magazine competition.

The winner was Mrs Barbara Neal from Marton who correctly identified that CBeebies star Andy Day was the celebrity visiting the North Yorkshire theme park this Summer.

lovemiddlesbrough readers can still benefit from reduced price entry to the theme park by booking online at lightwatervalley.co.uk and using the code MT18.

Tosh Warwick, co-author of River Tees Source to Sea

Win the story of the Tees

For this edition's competition we are celebrating one of the area's most iconic features and the publication of a new book - River Tees From Source To Sea.

The story of the River Tees is one that combines tales of Roman forts, mythical beings and manufacturing heartlands. Fascinating boom towns, brilliant bridges, areas of outstanding natural beauty and striking industrial heritage have characterised the Tees over the centuries.

The river has also played an important part in shaping the identities of the areas that exist alongside it, playing a central role in everyday life. Authors Tosh Warwick and Jenny Parker take us on a journey along the Tees, unveiling the natural beauty, manufacturing history and fascinating stories of the 'steel river.'

We have three signed copies of the book to give away, simply email your name and a contact number to lovemiddlesbrough@middlesbrough.gov.uk and tell us the name of the bridge opened in 1911 that spans the River Tees from Middlesbrough to Port Clarence. Competition closes September 30.

Full terms and conditions are available at lovemiddlesbrough.com/magcompetition.

To buy copies of the book or for more information visit amberley-books.com/river-tees.html

Are you missing out on your entitlement?

Advisor Sue Danes is part of the team offering welfare and benefits information to local people

Residents across Middlesbrough are celebrating a £3.2 million pound windfall following a successful campaign by the town's Financial Inclusion Group.

But it's believed there are still many people across the town who are not claiming money they are entitled to. As well as leading to unnecessary hardship, this can also force people into the clutches of unscrupulous loan companies.

The town's Financial Inclusion Group (FIG) brings together partners from the private, public, community and voluntary sectors to promote and improve financial inclusion across the town and offers free advice sessions with skilled advice workers on entitlement and financial management.

These services include:

- signposting benefit, universal credit and other money that residents are entitled to.
- providing access to money / debt advice;
- working to tackle fuel poverty;
- raising awareness of different financial products;
- ensuring people have access to bank accounts and use such accounts to best effect;
- advising on sources of affordable credit;
- encouraging saving.

Throughout 2016 FIG has been running the "It's Your Right to Claim" campaign which has now helped people across the town successfully access over £3.2m, with individual claims receiving as much as £16,000 a year.

Those helped include: people in fulltime, low paid work; those caring for others; single parents; the unemployed; elderly and infirm. Entitlement was identified from over 20 different funds including, child benefit, carers allowance, personal independence payment, tax credits, council tax reduction, winter fuel allowance and pension credits.

Further advice sessions are planned for the Autumn, for details call 01642 802303. These are backed up by regular welfare and benefit advice sessions held at community hubs and outlined in the table to the right.

Partnership Coordinator Jo McNally said: "we get a lot of people coming in who are really struggling but don't feel that they qualify. We sit them down and often discover they are missing out, it's like a weight being lifted from their shoulders."

John Daniels, Chair of FIG and manager of the town's Citizens Advice Bureau, said: "Many have struggled along trying to properly heat their homes or feed and clothe their families. Often they fall prey to loansharks or payday loan companies resulting in mounting debt on top of other problems.

"We want to send out a clear message across the town that advice is available to anyone suffering financial hardship. The important thing is to make contact as soon as possible."

Middlesbrough Financial Inclusion Group

Residents can also get advice on general debt, welfare, benefits and other finance issues at regular sessions held in local community hubs throughout the week.

Grove Hill Community Hub
Bishopton Road, TS4 2RP
Wed: 9am-4pm • Thur: 9am-noon
Drop in and appointments available
Tel: 01642 278444

Newport Community Hub
St Pauls Road, TS1 5NQ
Mon: 9.30am-12.30pm
Appointment only - tel: 01642 802892

North Ormesby Community Hub
Derwent Street, TS3 6JB
Wed: 9am-noon • Fri: 1pm-4pm
Appointment only - tel: 01642 802892
Fri: 9am-noon *drop in*

Thorntree Community Hub
Birkhall Road, TS3 9JW
Tues: 1pm-4pm
Drop in and appointments available
Tel: 01642 246827

New ventures provide food for thought in town centre

Middlesbrough's Orange Pip Market has proved a massive success and a worthy addition to the emerging independent food scene and artisan spirit centred on Bedford Street and Baker Street.

Independent traders from across the north east set up stall to provide a mouthwatering range of food and drink to satisfy all tastes.

Musicians and street entertainers including face painters, hair stylists and vintage photographers joined in the fun to provide a festival atmosphere from noon until 7pm.

The organisers of the market were inspired by the likes of Maltby Street Market in London and Brooklyn Flea in NYC. Now after just two appearances Orange Pip Market has developed its own unique vibe showcasing the best of north east food and entertainment.

Orange Pip Market takes place on the last Saturday of every month.

To find out more visit facebook.com/OrangePipMarket/

A new Middlesbrough restaurant, The Fork in the Road, offers a first class experience for diners alongside a second chance for staff hoping to turn their lives around.

The high end eaterie will be on Middlesbrough's Linthorpe Road, in previously derelict premises once occupied by popular toy shop, Romer Parrish. It has been chosen due to its close proximity to the town's booming Baker and Bedford Street areas.

The not-for-profit social enterprise will also feature a community café, The Spoon, and a non-alcohol bar, Bar Sobrio.

The fit-out costs and working capital for the unique scheme are being funded through Middlesbrough-based national charity CEO Sleepout and Middlesbrough Council's Public Health and Wellbeing Department.

Charity leader and businessman Andy Preston, the founder-chairman of CEO Sleepout and the driving force behind the project, believes there is nothing like The Fork in the Road anywhere in the UK.

"The restaurant will be high end and will always deliver excellence. Alongside very experienced, top class professionals, we'll train a small cohort of local people who need and deserve that precious opportunity to create a new life for themselves," said Andy, who is also chairman of charitable movement, Middlesbrough and Teesside Philanthropic Foundation.

With planning permission recently granted, work is now underway on the two-storey project, with The Spoon and Bar Sobrio planned to open by September and The Fork in the Road restaurant shortly after.

Andy believes Bar Sobrio will play an important role in Teesside's recovery scene. It won't serve alcohol but it will be a great place to mix with friends and meet people, while the bar will also be made available to hire for private functions.

Bar Sobrio was planned with valuable input from Dot Turton, CEO of Middlesbrough-based recovery service Hope North East, and Rachel Burns of Middlesbrough Council.

The project's running costs will come from CEO Sleepout, which inspires business leaders to raise funds by being sponsored to sleep rough for a night.

Honouring the fallen

Over the coming months Middlesbrough will remember those who fought and died for their country with a series of civic events.

Battle of Britain Parade and Service

September 18

The parade will form at 11.25am at the South African War Memorial in Albert Park, with a march to the cenotaph beginning at 11.30am.

Following the service, the parade will march back through the park gates for the salute to be taken at the War Memorial where the procession will then be dismissed.

Trafalgar Day Parade and Service

October 30

The Cadets and staff will form up at 11.15am at the East Lodge and then march to the South African War Memorial where they will be met by the dignitaries for the march to the Cenotaph.

Following the Service, the Parade will march through the park gates for the salute to be taken at the War Memorial. The Parade will then be dismissed.

Laying of the First Poppy

November 10

10.40am - The Cenotaph, Linthorpe Road, Middlesbrough.

Armistice Day **November 11**

10.45am - service at the Cenotaph, Dorman Museum.

Remembrance Sunday Parade and Service **November 13**

10.30am - Parade form up and march up to the Cenotaph for the Service.

Middlesbrough moving forward

Middlesbrough Council would like to thank the following partners for their support in producing this magazine:

Teesside University · middlesbrough college · Middlesbrough Health and Wellbeing · MFC Foundation · Middlesbrough Football Club 1876 · ncbf Children's Book Festival · everyone ACTIVE · One Planet Middlesbrough creating sustainable communities · Erimus Housing Part of the Thirteen Group · Ageing Better Middlesbrough · Police and Crime Commissioner for Cleveland

middlesbrough.gov.uk

A chance to play a part in history

A team of volunteers is being recruited to help in the exciting project of preserving the history of Middlesbrough Town Hall for future generations and helping to open the building up to wider public use.

The Heritage Lottery Fund has awarded £3.7m to the project which, together with £4m of council funding, will return the Grade II listed building to its full 19th Century glory and retain its status as one of the region's premier cultural and live entertainment venues.

The scheme will enable much wider access to visitors and provide them with a greater understanding of the history of the building, creating a unique heritage attraction.

It will see parts of the building, currently inaccessible to the public, being opened up, including the Victorian courtroom, cells and fire station which would be made into heritage attractions in their own right.

The plans also include the restoration of the carriage driveway with original glass roof which will become the main box office and circulation area, an external lighting scheme, the development of new café and bar facilities, and a new community space.

As part of the project the council is recruiting a team of volunteers to help in a variety of important tasks during this time. This includes:

- People with an interest in filming, photography, digital and social media to help record the transformation process,
- Local historians to research the history of the Town Hall, including the Carriage Driveway, Victorian Courtroom and the Old Fire Station.
- Volunteers to work with a heritage and media professional to collect people's personal memories of Middlesbrough Town Hall using digital technology.
- Volunteers to assist in running the 'My Town Hall' (MTH) space/ exhibit in the town centre to promote the Middlesbrough Town Hall Refurbishment & Renovation Project.
- You may also be required to staff pop-up exhibitions in other locations on occasions.

Anyone interested in volunteering should email townhallvolunteers@middlesbrough.gov.uk

Further details can be found at mytownhall.co.uk

Garden waste collections set to end for 2016

With winter just around the corner, Middlesbrough residents are being reminded that green waste collections are coming to an end until next spring.

Householders can use their green wheelie bins for garden waste until the last week of October. The service will return in April 2017.

In the meantime, residents wanting rid of garden waste before the end of October are reminded that green bins are for loose, unbagged garden waste only, such as grass trimmings, plants, flowers, branches etc - and should not be used to dispose of other items such as soil and rubble.

Any material left at the side of the green bins will not be removed - green sacks used previously and other sacks and containers will not be collected.

Residents are urged check their recycling calendars which can be viewed and downloaded via the Council's website to ensure they put their waste out on the correct day.

Both until the end of October and throughout the winter, garden waste can also be disposed of at the Household Waste Recycling Centre at Haverton Hill.

Philip Shaw (pictured), of Middlesbrough Council's Waste Management Team, said:

"A great many residents make use of our green waste collection service, but it'll soon be time for the gardening to slow down or be put on hold until 2017.

"Recycling is more important than ever and we do all we can to make the service is as user-friendly as possible.

"We are grateful to everyone for helping to ensure Middlesbrough has a green and sustainable future and anyone unsure of the final dates for green waste collections can check using our online calendar."

The 2016-17 Refuse & Recycling calendar can be viewed or downloaded from the Middlesbrough Council website at middlesbrough.gov.uk/recycling

Any residents requiring a green bin or further advice and information on the disposal of green waste can call the Environment Contact Centre on 01642 726001.

What's On

Autumn 2016

mima

middlesbrough
institute of modern art

visitmima.com

See Learn

Think Make

Meet Eat

mima the Useful Museum

Teesside University

Winifred Nicholson, Outward and Inward , 1936

Liberation of Colour at mima explores artistic journey of Winifred Nicholson

Middlesbrough Institute of Modern Art (mima) hosts the largest presentation of artist's work since the 1980s, inspired by her time in Cumbria and her travels in France, Scotland and Greece.

Showing in the autumn, Liberation of Colour draws on new research, including archival material never previously seen, and includes Winifred Nicholson's late 'prismatic' pictures, which have never been properly examined.

Organised with curator Jovan Nicholson, the exhibition focuses on her treatment of light and colour, taking stimulus from the various places in which she lived or visited throughout her adult life, including her native Cumbria.

The presentation begins by exploring her time in Lugano, Switzerland, in the 1920s, before continuing to France in the 1930s, where she took inspiration from friends Piet Mondrian and Naum Gabo to delve into abstraction. It then goes on to document a trip to the Hebrides in the 1950s and continues in Greece, to which she made regular trips during the 1960s. It concludes with her output in Cumbria, where she lived for most of her life.

Featuring 67 paintings, the exhibition covers various genres and styles - landscape, still life and portrait - and includes famous pieces such as The Gate to the Isles (Blue Gate) (1980) alongside pieces never exhibited before such as Outward and Inward (1936).

Nicholson is known for depicting many different flowers. She once said:

Winifred Nicholson, Polyanthus-and-Cineraria , 1923

"My paintings talk in colour and any of the shapes are there to express colour but not outline. The flowers are sparks of light, built of and thrown out into the air as rainbows are thrown, in an arc."

Towards the end of her life, Nicholson used prisms in her work, looking through them to see how light was broken up and changed, and these ideas enthused her practice. Many of them unseen, and a key feature of the show, Nicholson's prismatic pictures were a culmination of her search to find "form's secret and rhythmic law."

Liberation of Colour opens to the public on Saturday October 22 before continuing to Djagnoly Gallery in Nottingham from March 4 - June 4 2017 and Falmouth Art Gallery from June 24 - September 16 2017.

mima
middlesbrough
institute of modern art

From Frankenstein to Frozen catch it all at the Theatre!

Autumn seasons at Middlesbrough Theatre are always packed with quality from start to finish - and this year is no different.

The venue has drama and entertainment as far as the eye can see, including family shows that will keep your little ones enthralled for hours and music that will have you dancing in the aisles and singing all the way home, plus much, much more.

Drama is one of the main ingredients for Middlesbrough Theatre and this season will not disappoint. There's 'Mindgame', a gripping thriller from the prolific pen of Anthony Horowitz, a brand new adaptation of Mary Shelley's Gothic horror masterpiece 'Frankenstein', there's 'Wisdom of a Fool', an emotional rollercoaster one-man play about the legendary comedian Norman Wisdom and Rumpus Theatre Company pay their annual autumn visit with the latest in their riveting adaptations of Gothic horror stories, 'The Haunting of Exham Priory'.

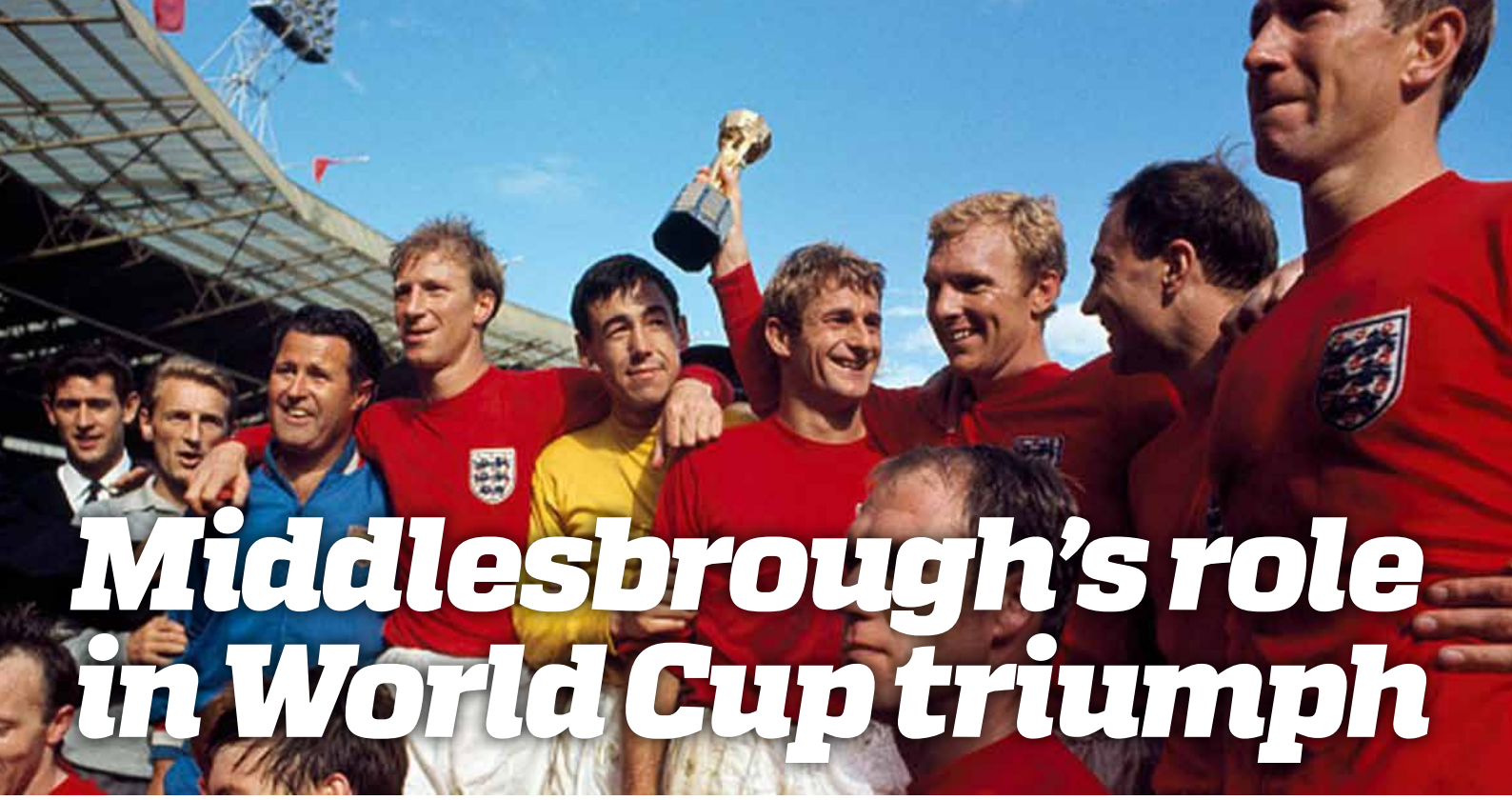
But if it's music you're after then you are also in for a treat. Folk rock pioneers Steeleye Span bring their new live show to town. The group are not just a legendary name in British music but also a link to the classic days of rock and folk music. Elsewhere the theatre pays homage to some of the greatest bands in the world with tributes to The Rolling Stones ('The Stones'), Elvis Presley ('That's The Way It Was'), Buddy Holly (Buddy Holly's Winter Dance Party') and David Bowie ('Ultimate Bowie'), plus Steve Steinman's 'Vampires Rock'.

And what about classical music you say? London Concertante, the UK's leading chamber orchestra, join us for one night only this October with an enticing programme that features Mendelssohn's masterpiece - his Octet, alongside Tchaikovsky's thrilling and ebullient Souvenir de Florence, and Strauss' Prelude to Capriccio. With young violin virtuoso, Martyn Jackson at the helm, this will surely be an exciting and memorable evening.

If fun for all the family is what you are after, then fear not, the theatre has it covered with a full screening of Disney's 'Frozen', with the lyrics on screen to help you sing along during the film, plus the classic tale 'The Little Mermaid' is brought to the stage in a brand new production by the internationally acclaimed Panto Company and there is also an adaptation of 'Stick Man' by Julia Donaldson.

As always, the season ends with Middlesbrough's favourite traditional family panto - which this year is the ever-popular Aladdin starring Andy Moss from Hollyoaks as Aladdin, Ricky Groves from EastEnders as Abanazer and Shaun Prendergast from EastEnders as Widow Twanky - and not forgetting Boro's favourite Scott Gallagher as Wishee Washee.

To book tickets or for more information contact the Box Office on 01642 81 51 81 or book online at middlesbroughtheatre.co.uk



Middlesbrough's role in World Cup triumph

The Dorman Museum has linked up with football enthusiasts to present a fascinating look back at the history of Middlesbrough FC which continues throughout the Autumn.

Middlesbrough and the 1966 World Cup looks back to the central part that the town played in two footballing fairytales that happened that year.

Middlesbrough-born Harold Shepherdson was manager Alf Ramsey's assistant when England won the World Cup and the exhibition features fascinating memorabilia charting this connection including Harold's famous blue tracksuit (as pictured above) and a letter of appreciation from Sir Alf.

There other footballing fairytale that Summer was played out during the qualifying stages at Ayresome Park where rank outsiders North Korea defeated cup favourites Italy. The North Koreans were taken to heart by fans of the area and the displays include posters, banners, badges, programmes and tickets mainly relating to the North Korean team and their later return visit to Middlesbrough in 2002.

From the Bob End: Middlesbrough and the 1966 World Cup will be followed by the story of Middlesbrough's great 1926-27 season, starting on Saturday, September 17. Despite losing their first three games, Middlesbrough went on to score 122 League goals during the season, a new league record. They won the second division and were promoted with striker George Camsell scoring 59 goals in a prolific season that included nine hat-tricks and a run of scoring in 12 consecutive league matches.

Action from the famous Italy v North Korea game at Ayresome Park

Senior Museums Curator Phil Philo said: "It is a real privilege to have the support of these enthusiastic and knowledgeable Middlesbrough supporters who have given freely of their time and generously lent their fascinating collections to share with our visitors to bring this amazing story to life. The Museum hopes that From the Bob End will go from strength to strength."

Entry is free and the displays can be seen during Dorman Museum opening hours: Tue – Sun (& Bank Holiday Monday) 9.30am-4.30pm. Closed Mondays.

Safe & sound

September 13 - December 30 • The Dorman Museum

Today we can call 999 and be assured an emergency response will be with us in minutes but what was life like before blue light response?

The Safe and Sound exhibition at the Dorman Museum looks at life 200 years ago when there were no formal emergency services, no phone numbers to call for help, or doctors on call.

This exhibition tells the stories behind emergency response in the Tees Valley, and the lives of those who have worked on the front line, keeping our communities safe and sound.

The exhibition will feature moving stories from some of our everyday heroes, alongside their medals of bravery and other objects from the collections, including a 19th Century manual fire appliance, a collection of Victorian police truncheons and an Edwardian nurse uniform.

The exhibition is a result of extensive research from the Dorman and Captain Cook Birthplace Museums, The Head of Steam Darlington Railway Museum and Museum of Hartlepool, and has been funded by the Esmée Fairbairn Collections Fund.

Safe and Sound helps us to celebrate the long history of the emergency services in our area and highlights some of the objects that have largely been hidden within our stores; but most importantly, we would like to say thank you to some of the individuals who have gone above and beyond their duties.

Extra time for high seas tales of life and legend

An exhibition exploring the fascinating world of three monsters from the deep has proved so popular its run is being extended at the Captain Cook Birthplace Museum.

Pacific Predators takes a closer look at the tiger shark, sperm whale and colossal squid. Their lifestyle, perfectly adapted to a harsh environment, and long history of interaction with humans.

Also explored is the differing cultural perspectives, and changing attitudes between Cook's time and the present day. The exhibition highlights native Hawaiian legends featuring man and the sea creatures, illustrated by celebrated artist-historian and author Herbert "Herb" Kawainui Kāne (June 21, 1928 – March 8, 2011).

This includes "The Story of Laka' the stirring native Hawaiian legend of a boy who set out to avenge the death of his father and capture of his mother by a demon chief, encountering a giant squid and shark on the way.

'Feeding the Aumakua', another traditional Hawaiian story, of how the spirit of an ancestor would often take the form of a tiger shark. This "aumakua" would offer them protection.

Pacific Predators will now run until October 30 along with Walkabout, a fascinating insight into Australian Aboriginal life and legend.

Walkabout explores and celebrates the vibrant culture of ancient Australian Aboriginal society. On display are objects from Middlesbrough Museums own, rarely seen before, impressive collection of Aboriginal artefacts.

The Story of Laka: Captain Cook Birthplace Museum Collection, Middlesbrough Council, © Herb Kawainui Kane

The child friendly exhibition includes a variety of interactive myths and legends throughout coming together in a vibrant storytelling circle.

The Captain Cook Birthplace Museum closes on November 1 and will re-open on April 10 2017 with an exciting season of new exhibitions and permanent displays.

These will include the results of the Community Project: Underwater Mosaics. All museum staff have become Dementia friends and are looking forward to working with dementia sufferers, supported by volunteers from Volunteering Matters, on this exciting project. Under the guidance of local artist Bub Bacon old signage will be removed from the main foyer area of the museum in September and replaced with large under the sea mosaics. These will be installed during the winter closure period for all to see when we re-open in April 2017.

CAPTAIN COOK BIRTHPLACE MUSEUM 1°12'

Awards mark museums' educational excellence

The Captain Cook Birthplace Museum at Stewart Park and the Dorman Museum have been awarded 2016 Sandford Awards for the quality of their provision for young visitors.

The Sandford Awards provide a 'kite mark' for high quality education provision which is recognised by schools and other education institutions across the United Kingdom.

The awards are an independently judged, quality assured assessment of education programmes at heritage sites, museums, archives and collections across the British Isles

SANDFORD AWARD

WINNER 2016

During May this year each museum was visited by a Sandford judge who observed school children taking part in the museum's education programme.

The judge was able to meet and talk to all staff along with the teachers and students involved, while also being given a comprehensive view of all areas of the museum used for study purposes.

In confirming the award the judge praised staff and described The Captain Cook Birthplace Museum as "inspirational."

CHRISTMAS

Middlesbrough 2016

AN UNMISSABLE CHRISTMAS LINE UP COMING YOUR WAY

Save the dates!

MIDDLESBROUGH REINDEER PARADE & COMMUNITY CARNIVAL

SUNDAY NOVEMBER 27 • 3PM • MIDDLESBROUGH TOWN CENTRE

CHRISTMAS LIGHTS SWITCH ON

SUNDAY NOVEMBER 27 • 5PM • CENTRE SQUARE

THE BIG SING

SUNDAY DECEMBER 18 • 3PM • CENTRE SQUARE

ALADDIN PANTOMINE

THURSDAY DECEMBER 8 - SUNDAY JANUARY 8 2017 • MIDDLESBROUGH THEATRE

Plus many more magical events to come!

love middlesbrough .com

Middlesbrough moving forward

Autumn 2016

September

Once upon a time...
Until Sun Sep 4
Dorman Museum
Free
Once upon a time, a magical exhibition visited the Dorman Museum and enchanted visitors throughout the land...
dormanmuseum.co.uk

Teesside World Exposition of Art and Technology
Middlesbrough Institute of Modern Art
Until Sun Oct 9
Free
visitmima.com

Walkabout: Australian Aboriginal Life and Legend
Until Sun Oct 30
The Captain Cook Birthplace Museum
Adult £3/Concession £2
Family Ticket £6
(2 Adults 2 Children)
captcook-ne.co.uk/ccbm

Pacific Predators
Until Sun Oct 30
The Captain Cook Birthplace Museum
Adult £3/Concession £2
Family Ticket £6
(2 Adults 2 Children)
captcook-ne.co.uk/ccbm

From the Bob End: Middlesbrough and the 1966 World Cup
Until Sun Sep 4
Dorman Museum
Free
First in a series of displays produced by Middlesbrough Football Club fans
dormanmuseum.co.uk

Big Mouth Middlesbrough
Sat Sep 3 • 7.15pm
Jurys Inn Middlesbrough
Tickets £10
Starring: MC Matt Reed, Paul McCaffrey, Ingrid Dahle plus more tbc
bigmouthcomedy.co.uk

Transporter Bridge Bungee
Sun Sep 4
Tees Transporter Bridge and Visitor Centre
Bungee from the iconic bridge with UK Bungee
ukbungee.co.uk

Taylor Wimpey Tees Pride 10k and SABIC 3K Fun Run
Sun 4th Sep
Acklam Road to Hall Drive
Unaffiliated Runner 10k: £18
Affiliated Runner 10k: £16
Adult/Child 3k: £8
Popular event in Middlesbrough's running calendar
runmiddlesbrough.com

Teesside University: Part Time & Postgraduate Open Days
Wed Sep 7 • 2pm-7pm
Teesside University
tees.ac.uk/opendays

River Tees Study Day
Fri Sep 9
Dorman Museum
A celebration of the history of the River Tees
dormanmuseum.co.uk

The Lady Boys of Bangkok
Fri Sep 9 • 7.30pm
Middlesbrough Theatre
£23/£21
Fabulous cabaret show at Middlesbrough Theatre
middlesbroughtheatre.co.uk

Middlesbrough Town Meal 2016
Sat Sep 10 • 12pm-4pm
Centre Square
menvcity.org.uk

MFC: Boro V Crystal Palace
Sat Sep 10 • 3pm
Riverside Stadium
mfc.co.uk

Safe and Sound
Tue Sep 13 - Fri Dec 30
Dorman Museum
200 years ago there were no formal emergency services, no phone numbers to call for help, or doctors on call
dormanmuseum.co.uk

From the Bob End
Sat Sep 17 - Fri Dec 30
Dorman Museum
A series of small displays produced by Middlesbrough Football Club enthusiasts and collectors
dormanmuseum.co.uk

Battle of Britain Commemoration
Sun Sep 18 • 11am
The Cenotaph at Albert Park
Parade and community event

Transporter Bridge Bungee
Sun Sep 18
Tees Transporter Bridge and Visitor Centre
Bungee from the iconic bridge with UK Bungee
ukbungee.co.uk

Teesside Punk Festival
Sat Sep 10 • 11am-11pm
Westgarth Social Club
bigfigurepromotions.co.uk/gigs

Big Girls Don't Cry
Fri Sep 23
Tees Valley Arena
Tickets £25
The internationally acclaimed tribute to Frankie Valli and The Four Seasons
skiddle.com

Orange Pip Market
Sat Sep 24 • 12pm-7pm
Baker Street
facebook.com/OrangePipMarket

MFC: Boro V Tottenham Hotspur
Sat Sep 24 • 3pm
Riverside Stadium
mfc.co.uk

Transporter Bridge Abseil
Sun Sep 25
Tees Transporter Bridge and Visitor Centre
£30-£45
Abseil from the iconic bridge with Climbing Rocks
climbing-rocks.net

Teesside University: Spoonful of Knowledge
Tue Sep 2 • 6pm-8pm
Dickens Inn
Discuss and debate new thinking with like-minded individuals in an informal and relaxed environment
tees.ac.uk/spoonfulofknowledge

Plastic Mermaids
Fri Sep 30 • 7.30pm
£9 • 14+
Westgarth Social Club
Live music
Seetickets.com

October

Big Mouth Middlesbrough
Sat Oct 1 • 7:15pm
Jurys Inn Middlesbrough
Tickets £10
Starring: MC Jason Cook, Markus Birdman, Lauren Pattison, Andrew Bird
bigmouthcomedy.co.uk

Meadowlark + Special Guests (TKASG)
Westgarth Social Club
Sat Oct 1 • 7:30pm
Meadowlark have announced details of a brand new EP, 'Paraffin', and an Autumn tour
westgarthsocial.com

Transporter Bridge Bungee
Sun Oct 2
Tees Transporter Bridge and Visitor Centre
Bungee from the iconic bridge with UK Bungee
ukbungee.co.uk

Psychic Sally
Mon Oct 3
Tees Valley Arena
Tickets £24.00
Call Me Psychic Tour - to celebrate her 8th year on the road
skiddle.com

North East Home Expo
Fri Oct 7 - Sat Oct 8 • Free
Middlesbrough Football Club
The home and renovation show in Middlesbrough
northeasthomeexpo.co.uk

What's On

We Shall Overcome featuring TV Smith
Fri Oct 7 • 4pm-11pm
Westgarth Social Club
Live music at the Westgarth in aid of Middlesbrough Food Bank
bigfigurepromotions.co.uk/gigs

Teesside University: Undergraduate Open Day
Sat Oct 8 • 9am-3pm
Teesside University
tees.ac.uk

Twisterella Festival
Sat Oct 8 • 12pm-11:30pm
Teesside University SU
Tickets £15
The brilliant music festival returns
twisterella.co.uk

Discover Middlesbrough Guided Walk & Afternoon Tea
Captain Cook Birthplace Museum
Fri Oct 14 & Fri Oct 28
2pm • £5 per person
Cook's Marton: Then, Now & Future with Jenny Phillips (Education Officer) & Phil Philo (Senior Curator Museums). Followed by afternoon tea in the Museum Café
captcook-ne.co.uk

English Civil War Study Day
Sat Oct 15 • 3:30pm
Dorman Museum
Free
Come and discover how the Museum is working with Tees Archaeology and the Battlefields Trust
dormanmuseum.co.uk

MFC: Boro V. Watford
Sat Oct 15 • 3pm
Riverside Stadium
mfc.co.uk

Teesside University: Undergraduate open day
Wed Oct 9 • 9am-3pm
Teesside University
tees.ac.uk

Wisdom of a Fool
Thur Oct 20 - Fri Oct 21
7:30pm
Middlesbrough Theatre
Tickets: £14/£12
One man show about Norman Wisdom
middlesbroughtheatre.co.uk

Winifred Nicholson: Liberation of Colour
Sat Oct 22 - Sun Feb 12 2017
Middlesbrough Institute of Modern Art
visitmima.com

Double Trouble Haunted Fun House
Sun Oct 23 • 1pm-4pm
Tees Valley Arena • £8
Frights, Delights and Fun for all the family
doubletroubleuk.com

Transporter Bridge Abseil
Sun Oct 23
Tees Transporter Bridge and Visitor Centre
£30-£35
Abseil from the iconic bridge with Climbing Rocks
climbing-rocks.net

Teesside University: Spoonful of Knowledge
Tue Oct 25 • 6pm-8pm
Dickens Inn
Discuss and debate new thinking with like-minded individuals in an informal and relaxed environment
tees.ac.uk/spoonfulofknowledge

Happy Birthday Captain James Cook!
Thur Oct 27
The Captain Cook Birthplace Museum
Family activities galleries throughout the day
captcook-ne.co.uk

The Magic of Motown
Fri Oct 28
Tees Valley Arena
Tickets £25
10th Year Anniversary
skiddle.com

Orange Pip Market
Sat Oct 29 • 12pm-7pm
Baker Street
Artisan food market
facebook.com/OrangePipMarket

MFC: Boro V Bournemouth
Sat Oct 29 • 3pm
Riverside Stadium
mfc.co.uk

Teesside University: Spoonful of Knowledge
Sat Oct 29 • 6pm-8pm
Dickens Inn
Discuss and debate new thinking with like-minded individuals in an informal and relaxed environment
tees.ac.uk/spoonfulofknowledge

Matt Berry and the Maypoles
Sat Oct 29 • 7:30pm-11pm
Teesside University SU
Tickets £18
seetickets.com

Trafalgar Day Commemoration
Fri Oct 30
The Cenotaph at Albert Park
Parade and community event
middlesbrough.gov.uk

November

Terry and Gerry + support
Fri Nov 4 • 7pm
Westgarth Social Club
Tickets £8 / £10 otd
westgarthsocial.com

Transporter Bridge Bungee
Sun Nov 6
Tees Transporter Bridge and Visitor Centre
Bungee from the iconic bridge
ukbungee.co.uk

Laying of the First Poppy
Thur Nov 10 • 10am
The Cenotaph at Albert Park
middlesbrough.gov.uk

Armistice Day
Fri Nov 11 • 10.30am
The Cenotaph at Albert Park
middlesbrough.gov.uk

Diane Shaw & Band
Fri Nov 11 • Tickets £10
Tees Valley Arena
Keeping that Old School Soul alive and delivering it to a new generation
skiddle.com

Big Mouth Middlesbrough
Sat Nov 12 • 7:15pm
Jurys Inn Middlesbrough
Tickets £10
Starring: MC Matt Reed plus acts tbc
bigmouthcomedy.co.uk

Remembrance Sunday
Sun Nov 13 • 10.30am
The Cenotaph at Albert Park
Parade and community event
middlesbrough.gov.uk

West Side Story
Tues Nov 15 - Sat Nov 19
7:15pm
Middlesbrough Theatre
Tickets £14/£12
Family Ticket £48
Middlesbrough Youth Theatre production
middlesbroughtheatre.co.uk

Jim Bob of Carter USM Acoustic Show
Fri Nov 25 • 8pm
Westgarth Social Club
Tickets £10/£12 otd
teesmusicalliance.org.uk

Orange Pip Market
Sat Nov 26 • 12pm-7pm
Baker Street
Artisan food market
facebook.com/OrangePipMarket

Transporter Bridge Abseil
Sun Nov 27
Tees Transporter Bridge and Visitor Centre
£30-£45
Abseil from the iconic bridge with Climbing Rocks
climbing-rocks.net

While every effort has been made to ensure accuracy, we can accept no responsibility for errors, omissions or subsequent alterations or for any consequences arising from them. Please check details with the establishments concerned.

Ward Surgeries

Mayor

The elected Mayor of Middlesbrough, Dave Budd (Lab) can be contacted at:
mayor@middlesbrough.gov.uk

Police and Crime Commissioner for Cleveland

Barry Coppinger

Police and Crime Commissioner for Cleveland, Barry Coppinger, regularly attends community meetings across the force area. For details visit:

cleveland.pcc.police.uk
and search for "your force your voice"

He can be contacted at
pcc@cleveland.pnn.police.uk
or via his office on 01642 301653.

MPs

Tom Blenkinsop MP (Lab)
Middlesbrough South & East Cleveland
01287 610878 or tomblenkinsop.com

Middlesbrough South

Sep 10 • 10am - 11am
Oct 7 • 4pm - 5pm
Nov 4 • 4pm - 5pm

East Cleveland

Sep 23 • 3.30pm - 4.30pm
Oct 21 • 9.30am - 10.30am
Nov 18 • 4pm - 5pm

Please call for location details and to make an appointment.

Andy McDonald MP (Lab)
Middlesbrough
01642 246574 or
andymcdonaldmp.org

Unit 4, Broadcasting House,
Newport Road, TS1 5JA

Sep 9, Oct 14, Nov 11 • 4pm - 6pm
Please call to make an appointment.

Key:

Lab	Labour
Con	Conservative
Ind	Independent
MIG	Marton Independent Group
MICA	Middlesbrough Independent Councillors' Association

Please note that this information is correct at the time of going to press and may be subject to change.
You can also visit middlesbrough.gov.uk/wardsurgeries

Councillors

Acklam

Councillor Shamal Biswas (Lab)
01642 827270 or
shamal_biswas@middlesbrough.gov.uk

11 Buttermere Avenue, Acklam
Sep 5, 19, Oct 3, 17, Nov 7, 21 • 5pm - 6pm

Sheila Dean (Lab)
01642 913625 or
sheila_dean@middlesbrough.gov.uk

Newham Bridge Primary School
Sep 12, 26, Oct 10, Nov 14, 28 • 5pm - 6pm

Ayresome

Councillor Denise Rooney (Lab)
01642 821054 or
denise_rooney@middlesbrough.gov.uk

Councillor Bernie Taylor (Lab)
01642 821995 or
bernard_taylor@middlesbrough.gov.uk

Acklam Green Centre, Stainsby Road
Sep 27, Oct 25, Nov 29 • 5pm - 6pm

Acklam Library, Acklam Road
Sep 30, Oct 28, Nov 25 • 4pm - 5pm

Berwick Hills & Pallister

Councillor Eddie Dryden (Lab)
01642 879091 or
eddie_dryden@middlesbrough.gov.uk

Councillor Julie McGee (Lab)
07753 328395 or
julie_mcgee@middlesbrough.gov.uk

Councillor Mick Thompson (Lab)
01642 288883 or
mick_thompson@middlesbrough.gov.uk

The Neptune Centre, Ormesby Road
Sep 3, 10, 17, 24, Oct 1, 8, 15, 22, 29,
Nov 5, 12, 19, 26 • 10am - 11am

Langridge Initiative Centre,
Langridge Crescent
Sep 6, Oct 4, Nov 1
10am - 11am

Brambles & Thorntree

Terence Lawton (Lab)
01642 288769 or
terence_lawton@middlesbrough.gov.uk

Geraldine Purvis (Lab)
01642 291472 or
geraldine_purvis@middlesbrough.gov.uk

Peter Purvis (Lab)
01642 291472 or
peter_purvis@middlesbrough.gov.uk

Thorntree Community Hub, Birkhall Road
Sep 1, 8, 15, 22, 29, Oct 6, 13, 20, 27, Nov 3,
10, 17, 24 • 12.30pm - 1.30pm

Sep 10, 24, Oct 8, 22, Nov 5, 19
10am - 11am

Pallister Court Community Centre,
Brambles Farm
Sep 3, 10, 17, 24, Oct 1, 8, 15, 22, 29,
Nov 5, 12, 19, 26 • 10am - 11am

Central

Councillor Linda Lewis (Lab)
01642 646652 or
linda_lewis@middlesbrough.gov.uk

Councillor Ansab Shan (Lab)
01642 300900 or
ansab_shan@middlesbrough.gov.uk

Councillor Zafar Uddin (Lab)
01642 820613 or
zafar_uddin@middlesbrough.gov.uk

St. Aidan's Meeting Room,
Grange Road West
Sep 3, Oct 1, Nov 5 • 10am - 11am

Breckon Hill Community Centre
Sep 10, Oct 8, Nov 12,
10am - 11am

Hazel & Elder Court Meeting Room
Sep 17, Oct 15, Nov 19 • 10am - 11am

Coulby Newham

Councillor Janice Brunton (Lab)
07876 137604 or
janice_brunton@middlesbrough.gov.uk

Councillor John Cole (Lab)
01642 276323 or
john_cole@middlesbrough.gov.uk

Councillor David Branson (Lab)
07724 045998 or
david_branson@middlesbrough.gov.uk

Councillors hold Street Surgeries throughout the month and can be contacted by telephone if required.

Hemlington

Councillor Jeanette Walker (Lab)
01642 276732 or
jeanette_walker@middlesbrough.gov.uk

Councillor Nicky Walker (Lab)
01642 591473 or
nicola_walker@middlesbrough.gov.uk

Hemlington Library
Sep 1, 8, 15, 22, 29, Oct 6, 13, 20, 27,
Nov 3, 10, 17, 24 • 5pm

Kader

Councillor Ron Arundale (Con)
01642 288504 or
ronald_arundale@middlesbrough.gov.uk

121 Ruskin Avenue, Acklam
Sep 6, 20, Oct 4, 18, Nov 1, 15 • 6pm - 7pm

Councillor Jordan Blyth (Lab)
07818 857783 or
jordan_blyth@middlesbrough.gov.uk

St Margaret's Church Hall, The Oval
Sep 3, Oct 1, Nov 5 • 10am - 11am

Ladgate

Councillor Mike Carr (Lab)
01642 590111 or
mike_carr@middlesbrough.gov.uk

Councillor June Goodchild (Lab)
01642 323591 or
june_goodchild@middlesbrough.gov.uk

Easterside Hub
Sep 3, 17, Oct 1, 15, Nov 5, 19
10.30am - 11.30am

Linthorpe

Councillor Stephen Bloundele (Lab)
01642 820011 or
stephen_bloundele@middlesbrough.gov.uk

Councillor Naweed Hussain (Lab)
07766 252524 or
naweed_hussain@middlesbrough.gov.uk

Friends' Meeting House, 131 Cambridge Road
Sep 13, 27, Oct 11, 25, Nov 8, 22
6.30pm - 7.30pm

Longlands & Beechwood

Councillor Teresa Higgins (Lab)
07847 097379 or
teresa_higgins@middlesbrough.gov.uk

Councillor Charles Rooney (Lab)
01642 821054 or
charles_rooney@middlesbrough.gov.uk

Belle Vue Methodist Church
Sep 21 • 6pm - 7pm

Sutton Community Centre
Oct 19 • 5pm - 6pm

Grove Hill Community Hub
Nov 16 • 6pm - 7pm

Councillor Joan McTigue (Ind)
01642 827073 or
joan_mctigue@middlesbrough.gov.uk

Councillor McTigue is happy to see residents in their home or hers. Please call or email for an appointment.

Marton East

Councillor Dorothy Davison (MIG)
01642 275489 or
dorothy_davison@middlesbrough.gov.uk

Councillor Tom Mawston (MIG)
01642 274054 or
tom_mawston@middlesbrough.gov.uk

Marton Community Centre
Sep 6, Oct 4, Nov 1 • 9am - 10am
Sep 22, Oct 27, Nov 24 • 5pm - 6pm

Marton Library, The Willows
Sep 10, Oct 8, Nov 12 • 11am - 12pm

Marton West

Councillor Chris Hobson (Con)
01642 313154 or
chris_hobson@middlesbrough.gov.uk

Councillor John Hobson (Con)
john_hobson@middlesbrough.gov.uk

Councillors hold Street Surgeries throughout the month and residents will be leafleted the day before Councillors are due in their road.

Alternatively, residents can call to make an appointment to meet with Councillors Hobson to discuss any issues or concerns they may have.

Newport

Councillor Bob Brady (Lab)
01642 311785 or
bob_brady@middlesbrough.gov.uk

Councillor Tracy Harvey (Lab)
01642 279913 or
cllrtracy_harvey@middlesbrough.gov.uk

Councillor Alma Hellaoui (Lab)
07519 365252 or
alma_hellaoui@middlesbrough.gov.uk

Streets Ahead for Information, Parliament Road
Sep 1, 8, 15, 22, 29, Oct 6, 13, 20, 27, Nov 3, 10, 17, 24
10am - 11am

North Ormesby

Councillor Lewis Young (Lab)
07999 935357 or
lewis_young@middlesbrough.gov.uk

Infopoint, 8 Kings Road, North Ormesby
Sep 6, Oct 4, Nov 1
11am - 12pm

The Hub, Derwent Street
Sep 20, Oct 18, Nov 15
11am - 12pm

Nunthorpe

Councillor Lesley McGloin (Ind)
07919 174207 or
lesley_mcgloin@middlesbrough.gov.uk

Councillor Jon Rathmell (Ind)
jon_rathmell@middlesbrough.gov.uk

Nunthorpe Institute, The Avenue School
Sep 5, 12, 19, 26, Oct 3, 10, 17, 31, Nov 7, 14, 21, 28
6.30pm - 7.30pm

Park

Councillor Frances McIntyre (Lab)
01642 290397 or
frances_mcintyre@middlesbrough.gov.uk

Councillor Julia Rostron (Lab)
01642 812824 or
julia_rostron@middlesbrough.gov.uk

Councillor Margaret Walters (Lab)
01642 822682 or
margaret_walters@middlesbrough.gov.uk

Linthorpe Community Centre, Linthorpe Road
Sep 13, 27, Oct 11, 25, Nov 8, 22
6.30pm - 7.30pm

Park End & Beckfield

Councillor Peter Cox (MICA)
07963 624792 or
peter_cox@middlesbrough.gov.uk

Councillor Brian Hubbard (MICA)
01642 500419 or
brian_hubbard@middlesbrough.gov.uk

Councillor Michael Saunders (MICA)
07505 473922 or
michael_saunders@middlesbrough.gov.uk

North Ormesby Club & Institute, Ormesby Road
Sep 13, Oct 11, Nov 8
1pm - 2pm

Ormesby Club & Institute, High St, Ormesby
Sep 28, Oct 26, Nov 28
12.30pm - 1.30pm

Glastonbury House, Lindisfarne Road
Sep 26, Oct 24, Nov 23 • 4pm - 5pm

Stainton & Thornton

Councillor David Coupe (Con)
david_coupe@middlesbrough.gov.uk

Trimdon

Councillor Dennis McCabe (MICA)
07847 305660 or
dennis_mccabe@middlesbrough.gov.uk

Salvation Army, Trimdon Avenue
Sep 12, Oct 10, Nov 14 • 6pm - 7pm

Councillor Jean Sharrocks (Lab)
01642 591335 or
jean_sharrocks@middlesbrough.gov.uk

Councillor Sharrocks holds Street Surgeries each month. Residents will be leafleted in advance of Surgeries taking place.

The next scheduled full Council meeting date is:

Wed Sep 7, Oct 19, Nov 30, 7pm

Venue: Council Chamber, Town Hall, Middlesbrough.

These meetings are open to the public and are also available online - youtube.com/middlesbroughcouncil

MIDDLESBROUGH TOWN MEAL 2016

**Centre Square,
Middlesbrough,
TS1 2AZ**

JOIN US FOR A FUN FILLED DAY!

Saturday Sept 10th 2016

12.00 - 4.00pm

Free entertainment for all the family

Brass Band · Produce Competition · Pony Riding · KMX Karts
Chef Demonstrations · Vintage Bus Ride · Bouncy Castle

And of course... **The Free Meal** made from produce grown in and around the area

For further information contact

Middlesbrough Environment City

on 01642 579820 or visit menvcity.org.uk

facebook.com/menvcity @Menvcity

MIDDLESBROUGH Environment City
Registered Charity, number 1070131

Middlesbrough moving forward

ONE PLANET MIDDLESBROUGH
creating sustainable communities